

CLAIMS

1. A low sugar content sweet food spread comprising:
20-60% by weight sugar alcohols and steviol glycosides;
15 to 50% by weight vegetable oil;
1 to 40% by weight maltodextrin or another carbohydrate or polysaccharide selected from fructooligosaccharides, starch and soy powder;
5 to 15% by weight ground hazelnuts or hazelnut paste;
5 to 15% by weight cocoa powder; and
1 to 10% by weight cocoa butter;
wherein the palm oil content of the food spread is less than 5% by weight of the total spread;
wherein said food spread comprises less than 5% by weight sugar; and
wherein said food spread is spreadable at a temperature of 3°C.
2. A food spread according to claim 1, wherein the at least one vegetable oil is selected from the following: sunflower oil, coconut oil, rapeseed oil, shea oil, soya bean oil, olive oil, peanut oil, safflower oil, cottons seed oil, maize oil.
3. A food spread according to claim 1 or claim 2, wherein the palm oil content of the food spread is less than 4%, or less than 3%, or less than 2%, or less than 1% by weight of the total spread.
4. A food spread according to claim 1 or claim 2, wherein the food spread is free of palm oil.
5. A food spread according to any one of claims 1 to 4, wherein the food spread contains less than 2% by weight olive oil.
6. A food spread according to any one of claims 1, 3 or 4, wherein the food spread is substantially free of olive oil.
7. A food spread according to any one of claims 1, 3 or 4, wherein the food spread does not contain olive oil.
8. A food spread according to any one of claims 1 to 7, wherein the sugar alcohols are a mixture of maltitol and erythritol.

9. A food spread according to any one of claims 1 to 8, wherein the amount of steviol glycosides in the spread falls substantially in the range from 0.005% to 0.055% and preferably from 0.025% to 0.035% of the total weight of the spread.
10. A food spread according to any one of claims 1 to 9, wherein the amount of vegetable oil in the spread falls substantially in the range from 15% to 40% of the total weight of the spread.
11. A food spread according to any one of claims 1 to 10, wherein the amount of cocoa butter in the spread falls substantially in the range from 3 to 8% of the total weight of the spread.
12. A food spread according to any one of claims 1 to 11, wherein the amount of maltodextrin or other carbohydrate or polysaccharide in the spread falls substantially in the range from 1 to 20% of the total weight of the spread.
13. A food spread according to any one of claims 1 to 12, wherein the total sugar content of the spread falls substantially in the range from 1 to 3% of the total weight of the spread.
14. A food spread according to any one of claims 1 to 12, wherein the amount of sugar is less than 2% by weight.
15. A food spread according to any one of claims 1 to 14 further comprising an emulsifier in an amount from 0.1 to 2% by weight.
16. A food spread according to claim 15 wherein the emulsifier is lecithin.
17. A low sugar content sweet food spread according to claim 1 comprising:
 20-60% by weight sugar alcohols and steviol glycosides;
 15 to 50% by weight vegetable oil;
 1 to 40% by weight maltodextrin or another carbohydrate or polysaccharide selected from fructooligosaccharides, starch and soy powder;
 5 to 15% by weight ground hazelnuts or hazelnut paste;
 5 to 15% by weight cocoa powder; and
 1 to 10% by weight cocoa butter;
 wherein the palm oil content of the food spread is less than 5% by weight of the total spread;
 wherein said food spread comprises less than 2% by weight sugar; and
 wherein the food spread is spreadable at a temperature of 3°C.

18. A low sugar content sweet food spread according to claim 1 comprising:
20-60% by weight sugar alcohols and steviol glycosides;
15 to 50% by weight vegetable oil;
1 to 40% by weight maltodextrin or another carbohydrate or polysaccharide selected from fructooligosaccharides, starch and soy powder;
5 to 15% by weight ground hazelnuts or hazelnut paste;
5 to 15% by weight cocoa powder; and
1 to 10% by weight cocoa butter;
wherein said food spread is free of palm oil;
wherein said food spread comprises less than 2% by weight sugar; and
wherein the food spread is spreadable at a temperature of 3°C.
19. A low sugar content sweet food spread according to claim 1 comprising:
20-60% by weight maltitol, erythritol and steviol glycosides;
15 to 50% by weight vegetable oil;
1 to 40% by weight maltodextrin or another carbohydrate or polysaccharide selected from fructooligosaccharides, starch and soy powder;
5 to 15% by weight ground hazelnuts or hazelnut paste;
5 to 15% by weight cocoa powder; and
1 to 10% by weight cocoa butter;
wherein said food spread is free of palm oil;
wherein said food spread comprises less than 2% by weight sugar; and
wherein the food spread is spreadable at a temperature of 3°C.
20. A low sugar content sweet food spread according to claim 1 comprising:
20-60% by weight sugar alcohols and steviol glycosides;
15 to 50% by weight vegetable oil;
1 to 40% by weight maltodextrin;
5 to 15% by weight ground hazelnuts or hazelnut paste;
5 to 15% by weight cocoa powder; and
1 to 10% by weight cocoa butter;
wherein the palm oil content of the food spread is less than 5% by weight of the total spread;
wherein said food spread comprises less than 5% by weight sugar; and

wherein the food spread is spreadable at a temperature of 3°C.

21. A low sugar content sweet food spread according to claim 1 comprising:

20-60% by weight sugar alcohols and steviol glycosides;

15 to 50% by weight vegetable oil;

1 to 40% by weight maltodextrin;

5 to 15% by weight ground hazelnuts or hazelnut paste;

5 to 15% by weight cocoa powder; and

1 to 10% by weight cocoa butter;

wherein the palm oil content of the food spread is less than 5% by weight of the total spread;

wherein said food spread comprises less than 2% by weight sugar; and

wherein the food spread is spreadable at a temperature of 3°C.

22. A low sugar content sweet food spread according to claim 1 comprising:

20-60% by weight sugar alcohols and steviol glycosides;

15 to 50% by weight vegetable oil;

1 to 40% by weight maltodextrin;

5 to 15% by weight ground hazelnuts or hazelnut paste;

5 to 15% by weight cocoa powder; and

1 to 10% by weight cocoa butter;

wherein said food spread is free of palm oil;

wherein said food spread comprises less than 2% by weight sugar; and

wherein the food spread is spreadable at a temperature of 3°C.

23. A low sugar content sweet food spread according to claim 1 comprising:

20-60% by weight maltitol, erythritol and steviol glycosides;

15 to 50% by weight vegetable oil;

1 to 40% by weight maltodextrin;

5 to 15% by weight ground hazelnuts or hazelnut paste;

5 to 15% by weight cocoa powder; and

1 to 10% by weight cocoa butter;

wherein said food spread is free of palm oil;

wherein said food spread comprises less than 2% by weight sugar; and

wherein the food spread is spreadable at a temperature of 3°C.