[0006a] In an aspect, there is provided a lipid metabolism promoter comprising a compound which is at least one compound selected from the group consisting of ethyl caproate, methyl caproate, propyl caproate, butyl caproate, pentyl caproate, ethyl caprylate, isoamyl propionate, isoamyl caproate, pentyl acetate, heptyl acetate, methyl caprylate, ethyl 4-methylvalerate, 2-methylbutyl acetate, and ethyl valerate.

[0006b] In another aspect, there is provided a body heat production promoter comprising a compound which is at least one compound selected from the group consisting of ethyl caproate, methyl caproate, propyl caproate, butyl caproate, pentyl caproate, ethyl caprylate, isoamyl propionate, isoamyl caproate, pentyl acetate, heptyl

acetate, methyl caprylate, ethyl 4-methylvalerate, 2-methylbutyl acetate, and ethyl valerate.

[0007] The present inventors found that metabolism of fat can be promoted through administering of a compound

Claims

[Claim 1]

A lipid metabolism promoter comprising a compound which is at least one compound selected from the group consisting of ethyl caproate, methyl caproate, propyl caproate, butyl caproate, pentyl caproate, ethyl caprylate, isoamyl propionate, isoamyl caproate, pentyl acetate, heptyl acetate, methyl caprylate, ethyl 4-methylvalerate, 2-methylbutyl acetate, and ethyl valerate

[Claim 2]

The lipid metabolism promoter according to claim 1, wherein the amount of the compound to be ingested by an adult per day is 0.017 mg or more and 1.8 mg or less.

[Claim 3]

The lipid metabolism promoter according to claim 1 or 2, wherein the lipid metabolism promoter is a lipolysis promoter.

[Claim 4]

The lipid metabolism promoter according to claim 1 or 2, wherein the lipid metabolism promoter is a fat combustion promoter.

[Claim 5]

A body heat production promoter comprising a compound which is at least one compound selected from the group consisting of ethyl caproate, methyl caproate, propyl caproate, butyl caproate, pentyl caproate, ethyl

caprylate, isoamyl propionate, isoamyl caproate, pentyl acetate, heptyl acetate, methyl caprylate, ethyl 4-methylvalerate, 2-methylbutyl acetate, and ethyl valerate.