

[Abstract]

The present invention relates to a mask sheet with an excellent skin care effect while enhancing user convenience. The mask sheet of the present invention can be used in a high humidity environment, thereby enhancing the user convenience, and it is convenient to use and hygienic because its contents do not get in the hands during handling. The mask sheet is excellent in skin adhesion and feeling even when moisture or water is put thereon. In addition, the mask sheet may be impregnated with a high-viscosity formulation such as cream or gel and can be used as a high moisture and high nutritional pack.

Figure 1