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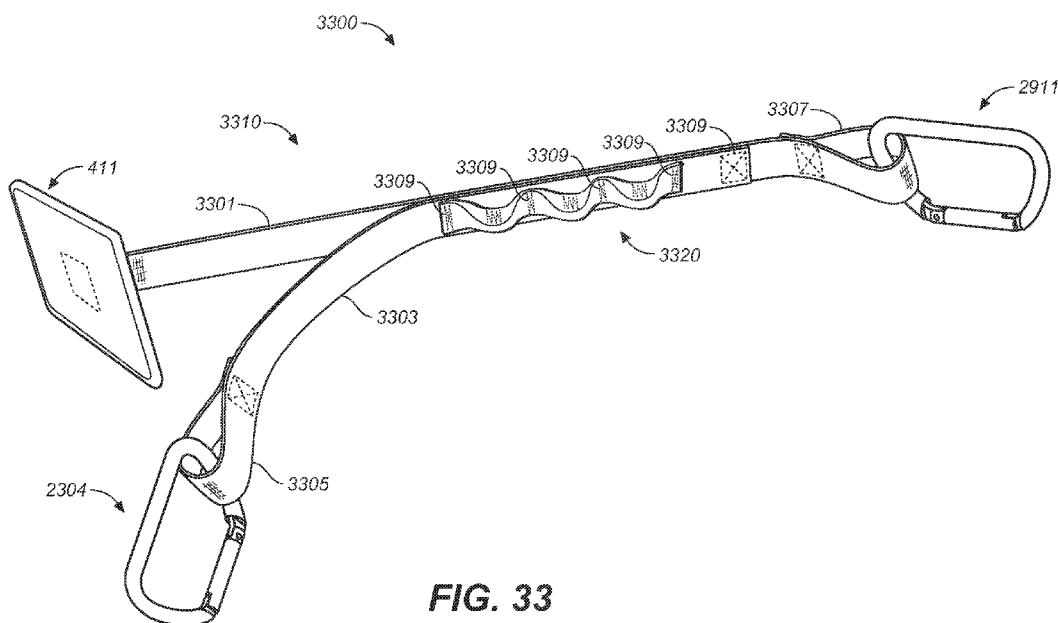


FIG. 33

(57) Abstract: An apparatus for connecting an exercise device to a structure is described. The apparatus includes two different attachment devices, such as a door anchor and a ring. The door anchor is supportable by a closed door. The ring loops back on the apparatus to form a loop that may be wrapped about a support structure. Alternatively, the ring may be supported directly by the structure, as through an eye bolt attached to a wall.

WO 2009/039110 A1