Claims

Claim 1. A cooling tool comprising:

a main body portion that covers at least eyes and/or areas around the eyes on a face of a wearer; and

a cooling body disposed in the main body portion, wherein

the cooling body includes a water retention layer that retains water,

the water retention layer has an initial content of the water of 0.04 g/cm^2 or more and 0.4 g/cm^2 or less, wherein

the cooling body is disposed in the main body portion such that at least a part of the cooling body comes directly or indirectly in contact with the eyes and/or the areas around the eyes of the wearer when worn,

the cooling tool contains menthol, and

a value obtained by multiplying the initial content of the water [g/cm^2] by an initial content of the menthol [mg/cm^2] and by 1000 is 4 or more and 40 or less.

Claim 2. The cooling tool according to claim 1, wherein

the cooling tool has the initial content of the menthol of 0.02 mg/cm^2 or more and 0.35 mg/cm^2 or less.

Claim 3. The cooling tool according to claim 1 or 2, wherein

the cooling body has a water-retentive material that is capable of absorbing water, and

the cooling body has a content of the water-retentive material of 5 mg/cm^2 or more and 20 mg/cm^2 or less.

Claim 4. The cooling tool according to any one of claims 1 to 3, wherein

the water retention layer has an initial content of water of 1 mass% or more and 20 mass% or less of a maximum amount of water absorption of the water retention layer.

Claim 5. The cooling tool according to any one of claims 1 to 4, wherein

the cooling tool has a total content of water of 2 g or more and 20 g or less.

Claim 6. The cooling tool according to any one of claims 1 to 5, wherein

the cooling tool has a total content of menthol of 0.9 mg or more and 17 mg or less.

Claim 7. The cooling tool according to any one of claims 1 to 6, wherein

the cooling body includes:

a first sheet disposed on an eye-facing side of a wearer; and

a second sheet disposed so as to face the first sheet via at least the water retention layer.

Claim 8. The cooling tool according to claim 7, wherein

the first sheet has a moisture permeability.

Claim 9. The cooling tool according to claim 8, wherein

the first sheet has the moisture permeability in the region between at least the eyes of the wearer and the water retention layer of 12000 g/m^2·24 hr or less.

Claim 10. The cooling tool according to claim 8 or 9, wherein

the first sheet has the moisture permeability in the region between at least the eyes of the wearer and the water retention layer of 2000 g/m^2·24 hr or more.

Claim 11. The cooling tool according to any one of claims 7 to 10, wherein

the first sheet has a waterproof performance.

Claim 12. The cooling tool according to claim 11, wherein

the first sheet has a water resistance level in the region between at least the eyes of the wearer and the water retention layer of 300 mm or more.

Claim 13. The cooling tool according to any one of claims 7 to 12, wherein

the second sheet has a low-moisture permeability or non-moisture permeability.