

ABSTRACT

A coated ferric pyrophosphate composition containing ferric
5 pyrophosphate coated with 1 to 10 parts by mass of a polyoxyethylene sorbitan
fatty acid ester or 1 to 10 parts by mass of a glycerol fatty acid ester, and 0.05 to
1 part by mass of an enzymatically decomposed lecithin, based on 100 parts by
mass of the ferric pyrophosphate, wherein the composition has a zeta potential of
from -25 to -39 mV, and an average particle size of from 1 to 4 μm ; and an iron-
10 fortified fermented milk, containing a coated ferric pyrophosphate composition
as defined above in an amount of from 1.0 to 10 mg, calculated as iron derived
from ferric pyrophosphate per 100 g of a fermented milk having an absolute
value of a zeta potential of 10 mV or less. The coated ferric pyrophosphate
composition of the present invention is usable in a fermented milk such as yogurt,
15 a yogurt beverage, or a lactic acid bacteria beverage.