CLAIMS

[Claim 1] A honey powder comprising 30% to 75% by weight of honey and 25% to 70% by weight of a sugar polymer, the sugar polymer having a glycaemic index of 50 or less and a glass transition temperature of at least 80 °C, wherein the sugar polymer comprises a fructose-based fibre.

[Claim 2] The honey powder according to claim 1 further comprising 0.5% to 1.5% by weight of a protein, preferably the protein comprises whey protein concentrate, soy protein concentrate, or combinations thereof.

[Claim 3] The honey powder according to claim 1 or claim 2 comprising 38% to 74% by weight of the honey and 25% to 62% by weight of the sugar polymer.

[Claim 4] The honey powder according to claim 3 comprising 38% to 70% by weight of the honey and 30% to 62% by weight of the sugar polymer.

[Claim 5] A honey powder comprising honey and a sugar polymer, the honey to the sugar polymer ratio is 75-85 to 30-120, the sugar polymer having a glycaemic index of 50 or less and a glass transition temperature of at least 80 °C.

[Claim 6] The honey powder according to any one of claims 1 to 5 further comprising a protein, the honey to the protein ratio is 75-85 to 1.3-1.6.

[Claim 7] The honey powder according to any one of claims 1 to 6, wherein the fructose-based fibre is inulin.

[Claim 8] The honey powder according to any one of claims 1 to 7, wherein the sugar polymer comprises a glucose-based fibre, gum Arabic, or a combination thereof.

[Claim 9] The honey powder according to claim 8, wherein the glucose-based fibre is a dextrin resistant to digestive enzymes or polydextrose.

[Claim 10] The honey powder according to claim 8 or claim 9, wherein the sugar polymer comprises the fructose-based fibre and the glucose-based fibre in a weight ratio of 4:1 to 1:4.

[Claim 11] The honey powder according to any one of claims 1 to 10, wherein the glycaemic index of the sugar polymer is 35 or less.

[Claim 12] The honey powder according to any one of claims 1 to 11, wherein the glass transition temperature of the sugar polymer is at least 100 °C.

[Claim 13] The honey powder according to any one of claims 1 to 12 consisting essentially of the honey, the sugar polymer, and the protein if present.

[Claim 14] The honey powder according to claim 13 consisting of the honey, the sugar polymer, and the protein if present.

[Claim 15] The honey powder according to any one of claims 1 to 14 with a diastase value of at least 8.

[Claim 16] A method of preparing a honey powder according to any one of claims 1 to 15, the method comprising providing a mixture comprising a liquid honey, the sugar polymer, and the protein if present; stirring the mixture to obtain a solution; and spray drying the solution.

[Claim 17] The method according to claim 16, wherein spray drying is done with an inlet temperature of 140 °C to 170 °C and an outlet temperature of 82 °C to 90 °C.