CLAIMS:

1. A kit for use in treating stroke, a neurological disorder, or ischaemia, or for use in providing neuro-conditioning to induce prophylactically a tolerance to the brain against an ischaemic, epileptic or other injurious event, wherein said kit consists of the following four herbal components:

i. Radix *Polygalae*;
ii. Radix *Astragali*;
iii. Rhizoma *Chuanxiong*; and
iv. Radix *Angelicae sinensis,*

including extracts thereof.

2. The kit according to claim 1, for use in treating a patient who is at risk of a stroke, or who has just had a stroke, or is used for stroke recovery.

3. The kit according to claim 2, for use in cerebral stroke.

4. The kit according to claim 2, for use in heart stroke.

5. The kit according to claim 1, for use in providing neuroprotection, or for promoting neuronal outgrowth and proliferation of neurons or stem cells.

6. The kit according to claim 1, for use in providing neuro-conditioning.

7. The kit according to claim 1, wherein the neurological disorder is a neurodegenerative disease or a traumatic brain injury.

8. A composition for use in treating stroke, a neurological disorder, or ischaemia, or for use in providing neuro-conditioning to induce prophylactically a tolerance to the brain against an ischaemic, epileptic or other injurious event, wherein said composition consists of the following four herbal components:

i. Radix *Polygalae*;
ii. Radix *Astragali*;
iii. Rhizoma *Chuanxiong*; and
iv. Radix *Angelicae sinensis,*

including extracts thereof.

9. The composition according to claim 8, for use in treating a patient who is at risk of a stroke, or who has just had a stroke, or is used for stroke recovery.

10. The composition according to claim 9, for use in cerebral stroke.

11. The composition according to claim 9, for use in heart stroke.

12. The composition according to claim 8, for use in providing neuroprotection, or for promoting neuronal outgrowth and proliferation of neurons or stem cells.

13. The composition according to claim 8, for use in providing neuro-conditioning.

14. The composition according to claim 8, wherein the neurological disorder is a neurodegenerative disease or a traumatic brain injury.

15. The composition according to any one of claims 8 to 14, wherein said composition is a pharmaceutical composition comprising a pharmaceutically acceptable additive, carrier or diluent.

16. A composition consisting of the combination of the following four herbal components: rhizoma *chuanxiong*, radix *angelicae sinensis*, radix *astragali*, and radix *polygalae*, including extracts thereof.

17. Use of a composition consists of the following four herbal components:

i. Radix *Polygalae*;
ii. Radix *Astragali*;
iii. Rhizoma *Chuanxiong*; and
iv. Radix *Angelicae sinensis,*

including extracts thereof, in the manufacture of a medicament for the treatment of stroke, a neurological disorder, or ischaemia, or for use in providing neuro-conditioning to induce prophylactically a tolerance to the brain against an ischaemic, epileptic or other injurious event.

18. Use according to claim 17 for treating a patient who is at risk of a stroke, or who has just had a stroke, or is used for stroke recovery.

19. Use according to claim 18 for treating cerebral stroke.

20. Use according to claim 18 for treating heart stroke.

21. Use according to claim 17 for providing neuroprotection, or for promoting neuronal outgrowth and proliferation of neurons or stem cells.

22. Use according to claim 17 for providing neuro-conditioning.

23. Use according to claim 17, wherein the neurological disorder is a neurodegenerative disease or a traumatic brain injury.

24. Use according to any one of claims 17 to 23, wherein said composition is a pharmaceutical composition comprising a pharmaceutically acceptable additive, carrier or diluent.