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(54) Title: METHODS FOR IMPROVING BONE HEALTH WITH BOVINE MILK EXOSOME-ENRICHED PRODUCTS AND
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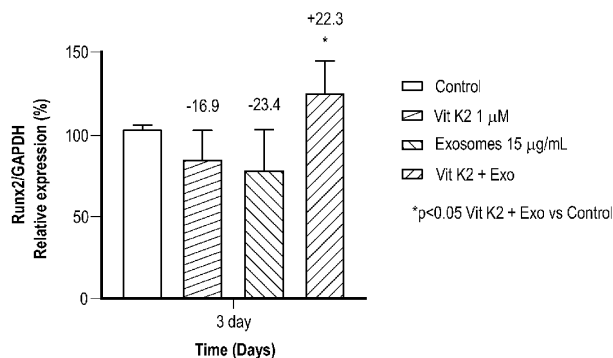


FIG. 1A

(57) Abstract: A method for improving bone formation in an individual comprises administering a bovine milk exosome-enriched product and vitamin K2 to the individual. A method for reducing a risk of bone fracture or strengthening bone in an individual comprises administering a bovine milk exosome-enriched product and vitamin K2 to the individual. A method for preventing or delaying onset or development of osteoporosis in an individual comprises administering a bovine milk exosome-enriched product and vitamin K2 to the individual.