

FIG. 1

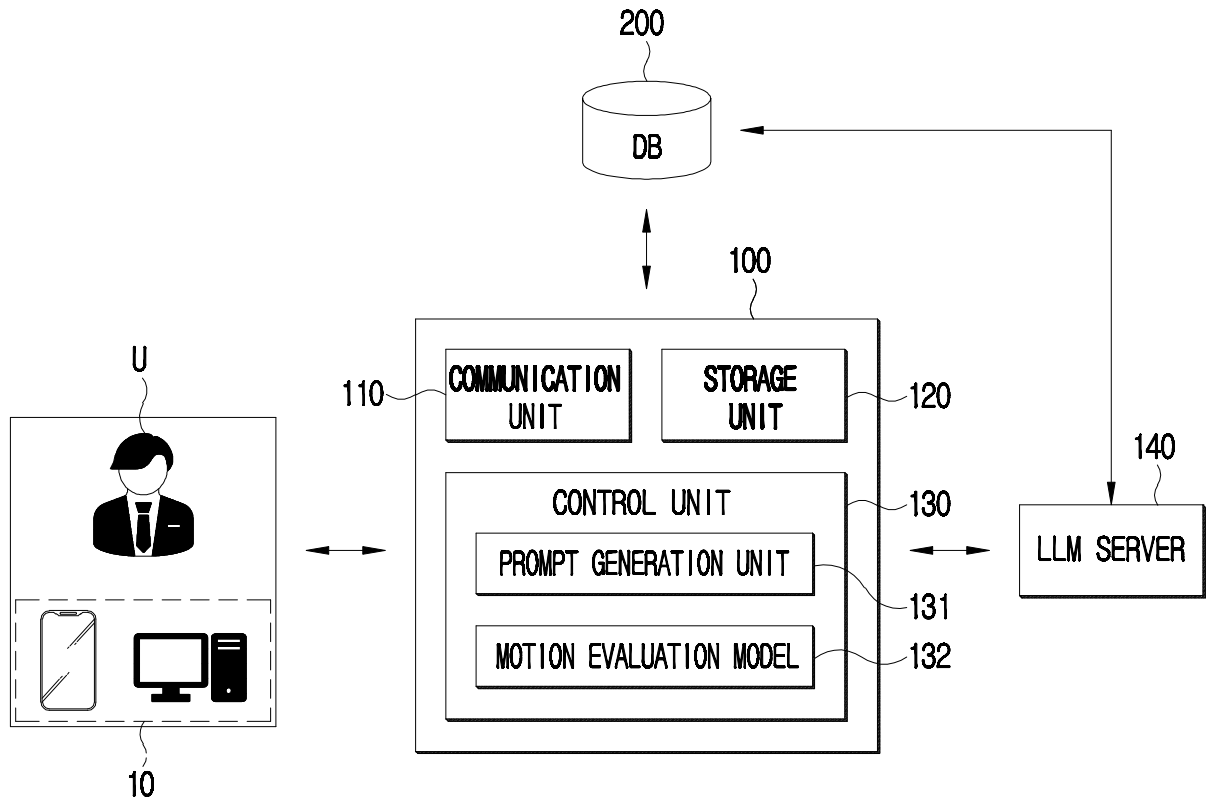


FIG. 2

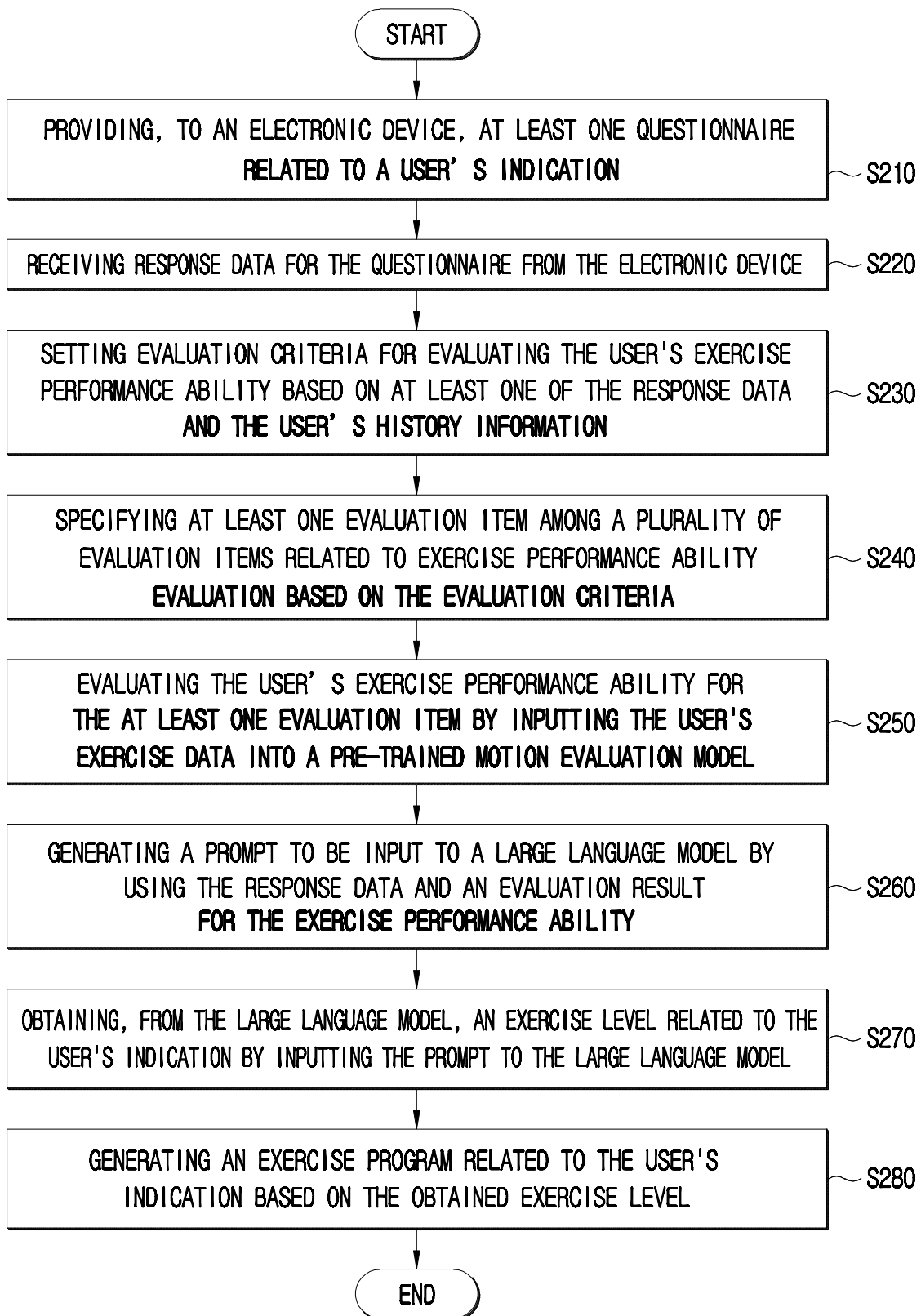


FIG. 3A

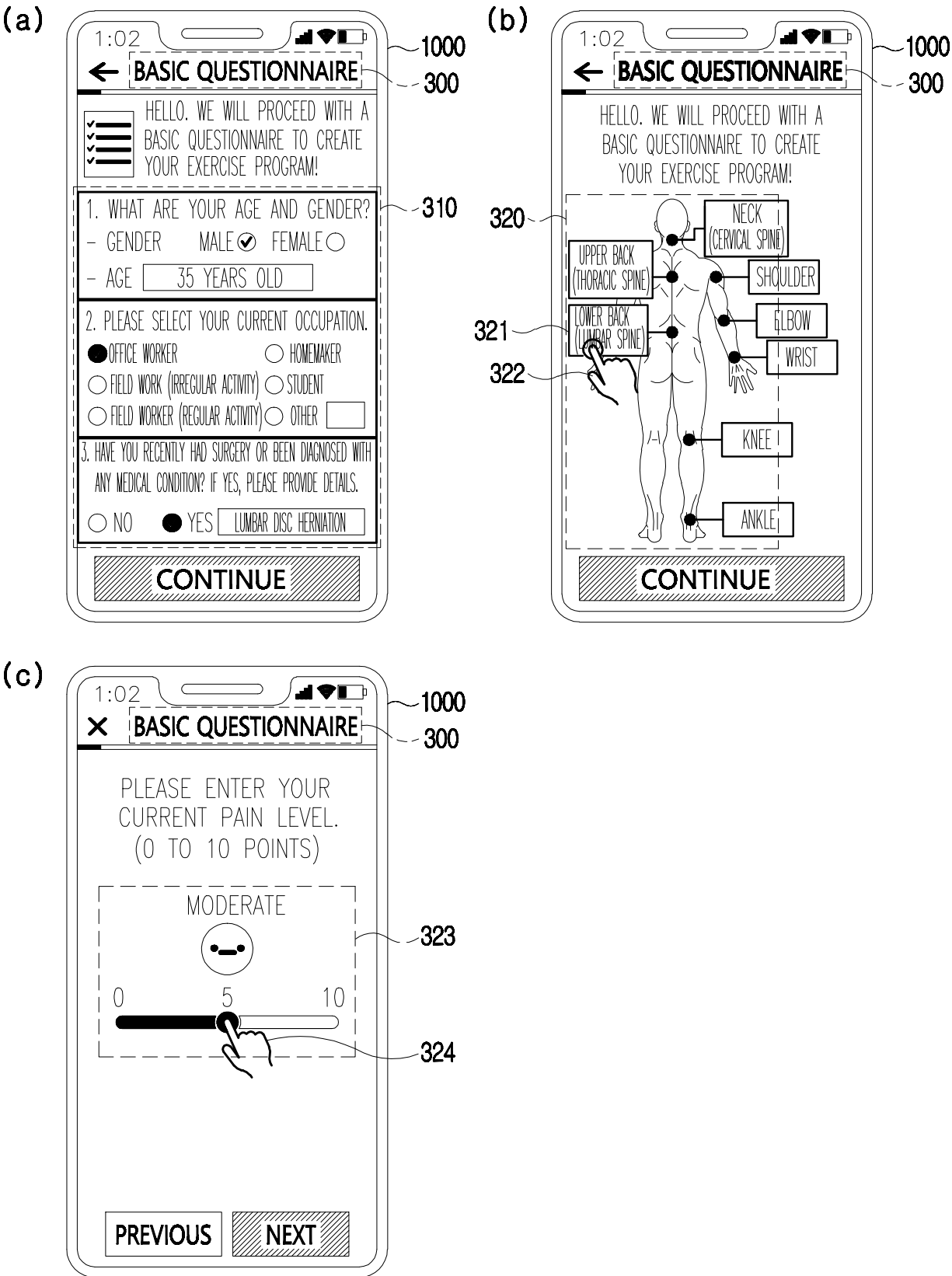


FIG. 3B

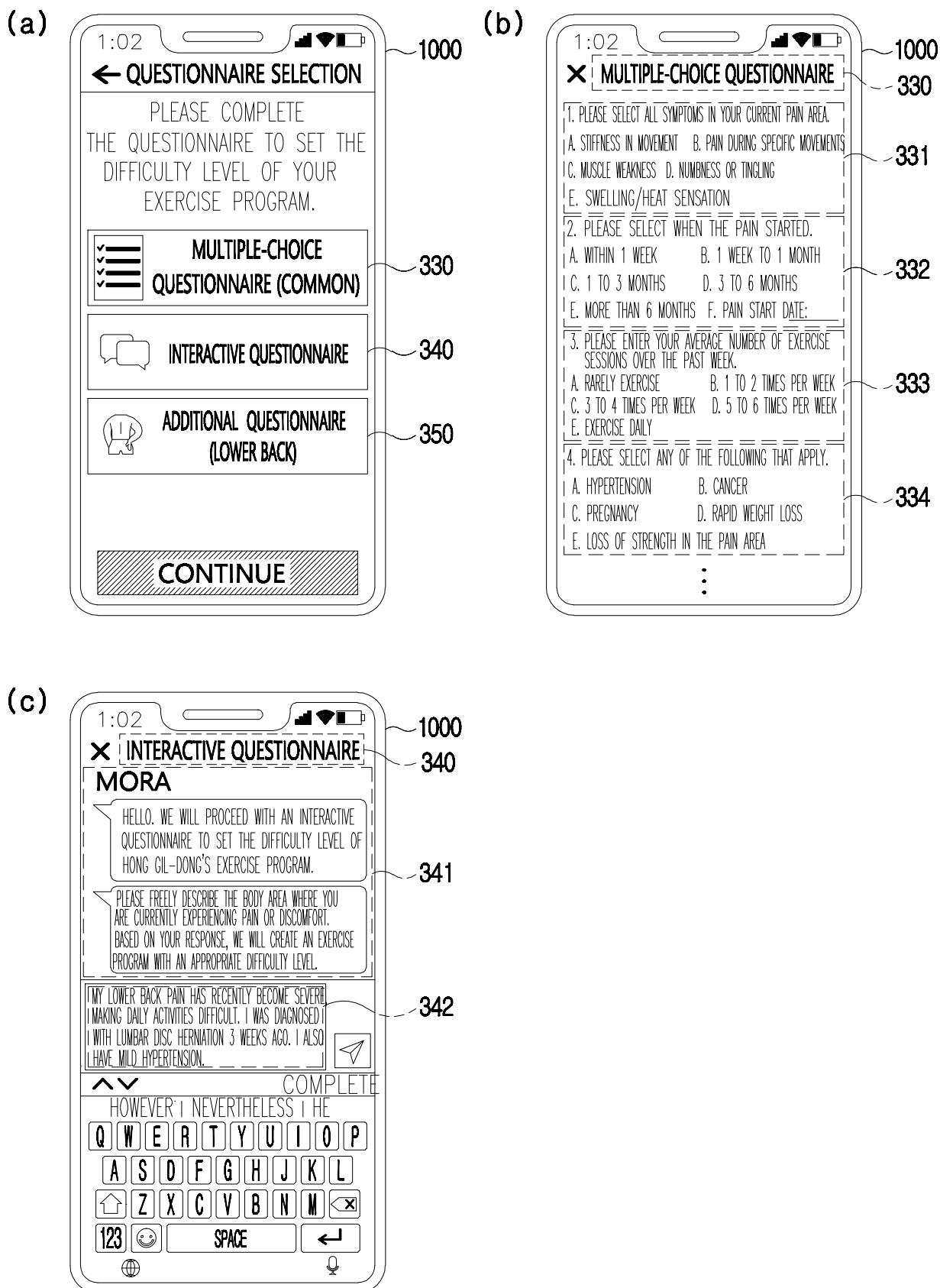


FIG. 3C

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(a)

FIRST ADDITIONAL QUESTIONNAIRE - LOWER BACK (LUMBAR SPINE)

1. PLEASE SELECT THE MOVEMENTS THAT TRIGGER LOWER BACK (LUMBAR SPINE) PAIN. (MULTIPLE SELECTIONS ARE ALLOWED.)

A. BENDING THE LOWER BACK

B. SITTING

C. STANDING FOR A LONG TIME

D. WALKING

E. LYING DOWN

2-1. DOES THE PAIN OR NUMBNESS RADIATE DOWN TO YOUR LEG? (IF OPTION A IS SELECTED → PLEASE ANSWER QUESTION 2-2.)

a. YES

b. NO

2-2. WHERE DOES THE PAIN OR NUMBNESS SPREAD? (MULTIPLE CHOICE)

a. LEFT SIDE

b. RIGHT SIDE

c. BOTH SIDE

3. DO YOU EXPERIENCE WEAKNESS IN YOUR TOES OR HEEL?

a. YES

b. NO

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(b)

SECOND ADDITIONAL QUESTIONNAIRE - SHOULDER

1. PLEASE SELECT THE MOVEMENTS THAT TRIGGER SHOULDER PAIN. (MULTIPLE SELECTIONS ARE ALLOWED.)

A. RAISING THE ARM ABOVE THE HEAD

B. MOVING THE ARM BACKWARD

C. SPREADING THE ARM FORWARD

D. REACHING THE ARM FORWARD

E. OTHER:

2. PLEASE SELECT THE ACTIVITIES THAT ARE DIFFICULT TO PERFORM.

A. COMBING YOUR HAIR

B. PUTTING ON A SHIRT

C. LIFTING OBJECTS

D. SCRATCHING YOUR BACK

E. OTHER:

3-1. DO YOU HEAR A SOUND, SUCH AS A CATCHING OR CLICKING SOUND, FROM YOUR SHOULDER?

a. YES

b. NO

3-2. PLEASE SELECT THE MOVEMENT DURING WHICH THE SHOULDER SOUND OCCURS.

A. ROTATING THE ARM ABOVE THE HEAD

B. SPREADING THE ARM FORWARD

C. MOVING THE ARM BACKWARD

D. ROTATING THE ARM

E. OTHER:

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FIG. 4A

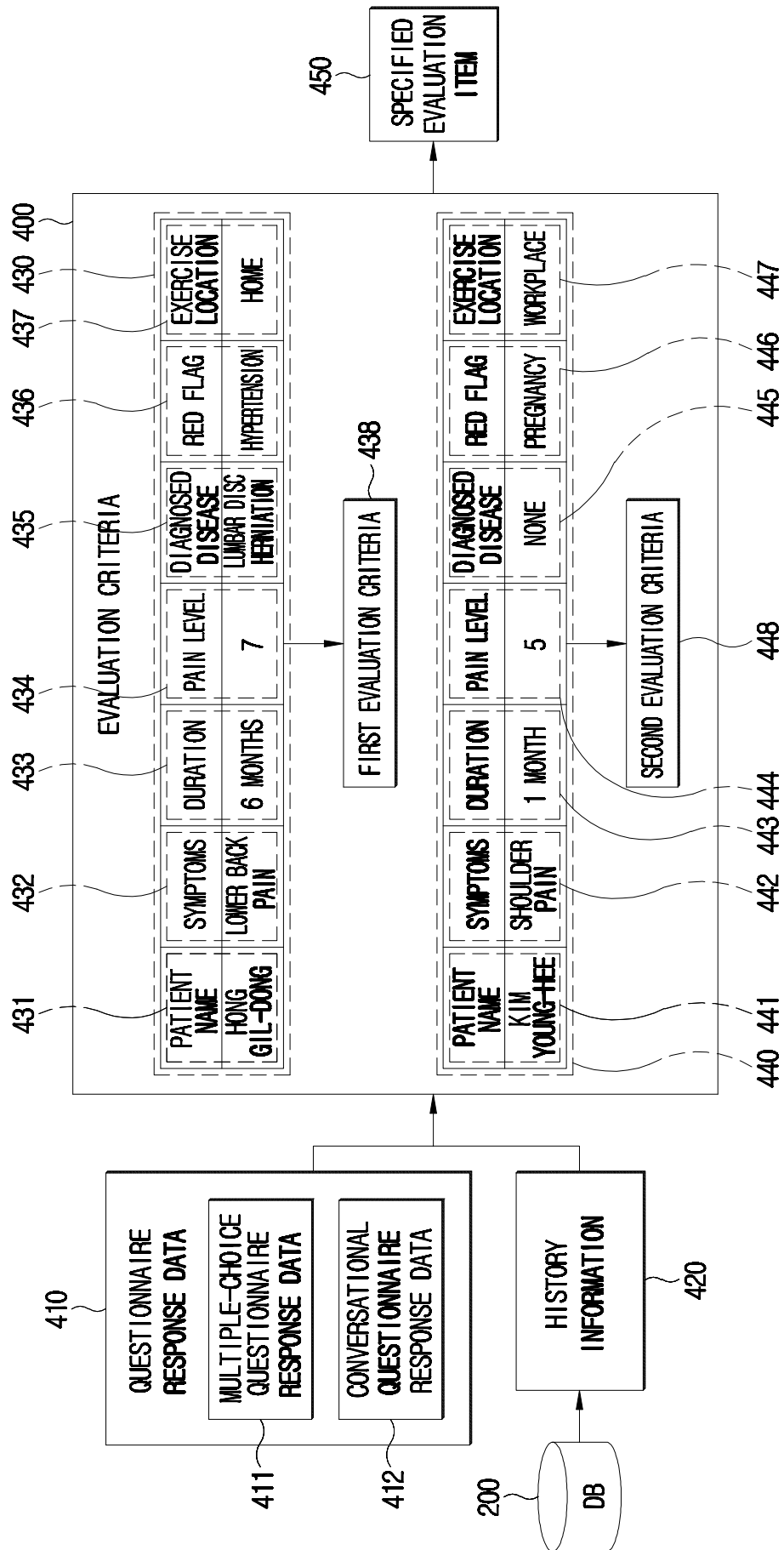


FIG. 4B

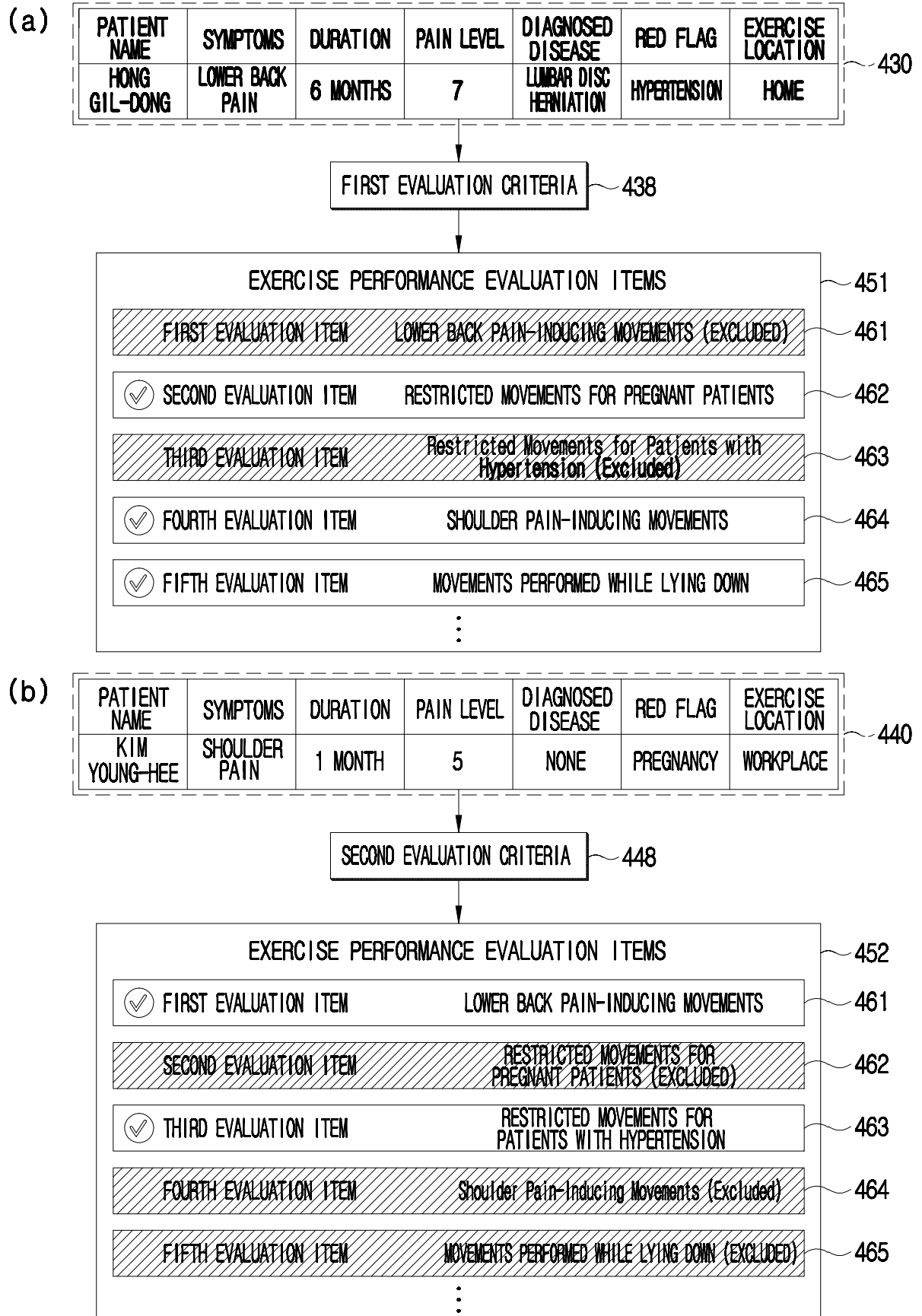


FIG. 5A

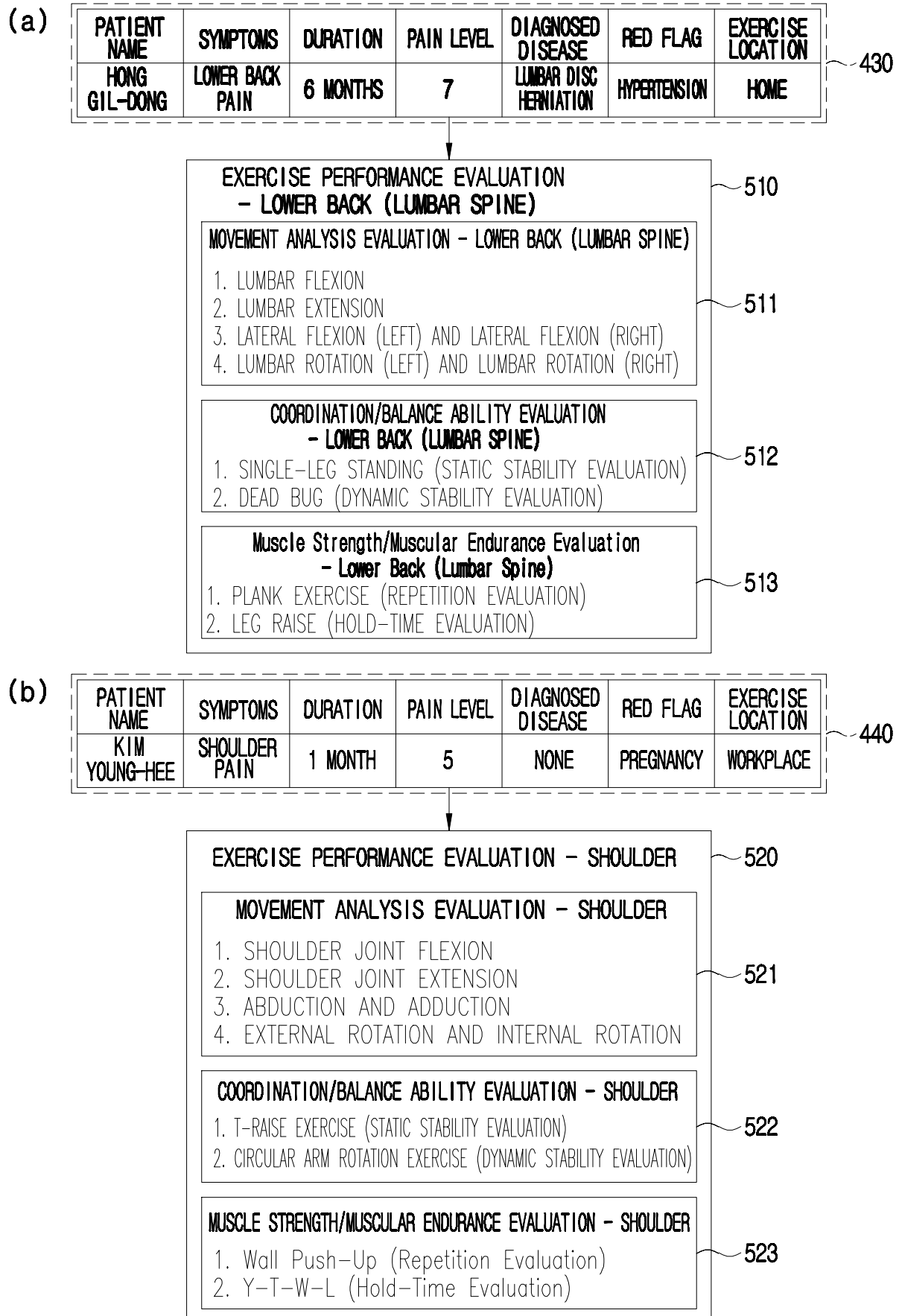


FIG. 5B

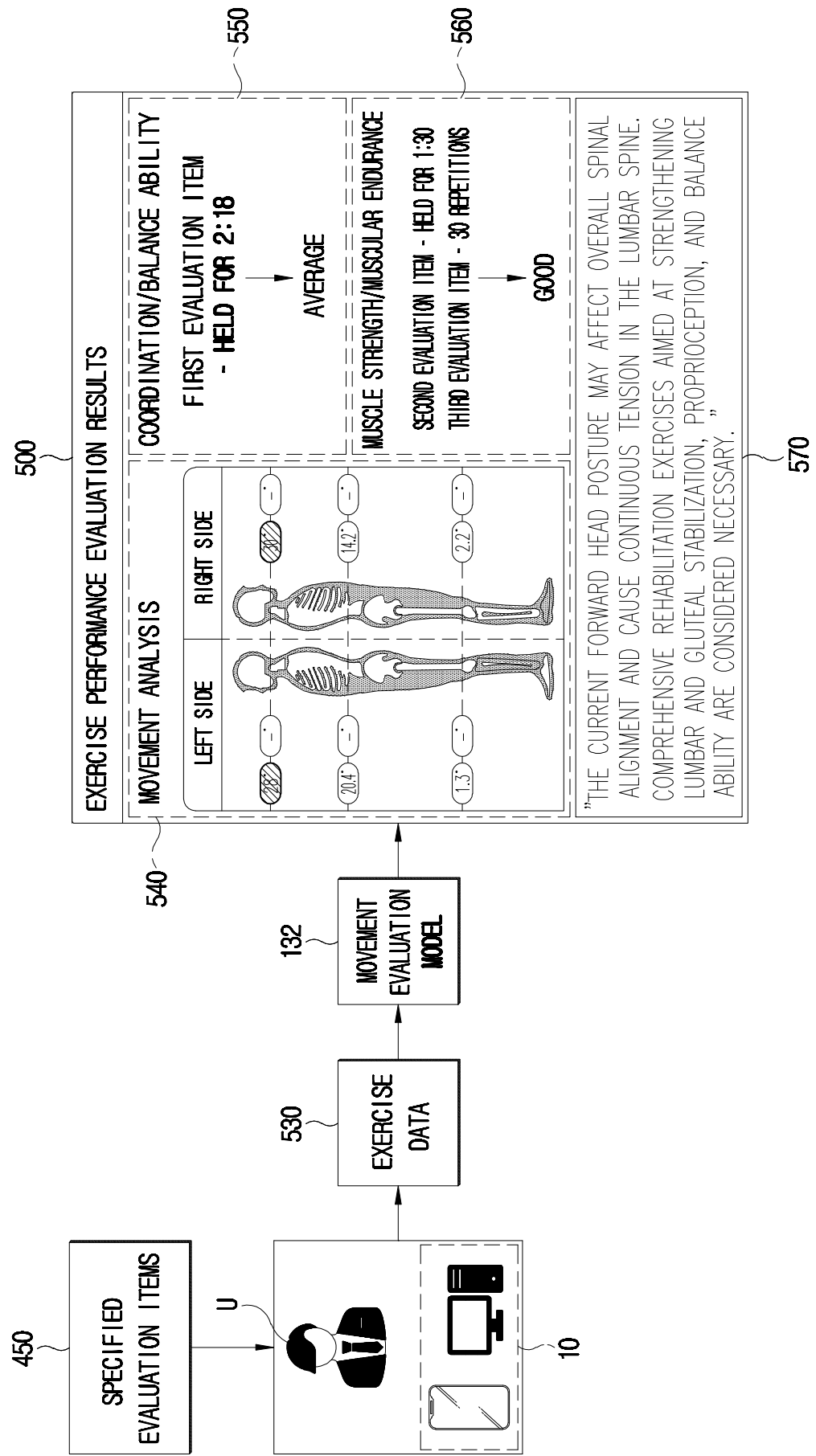


FIG. 6A

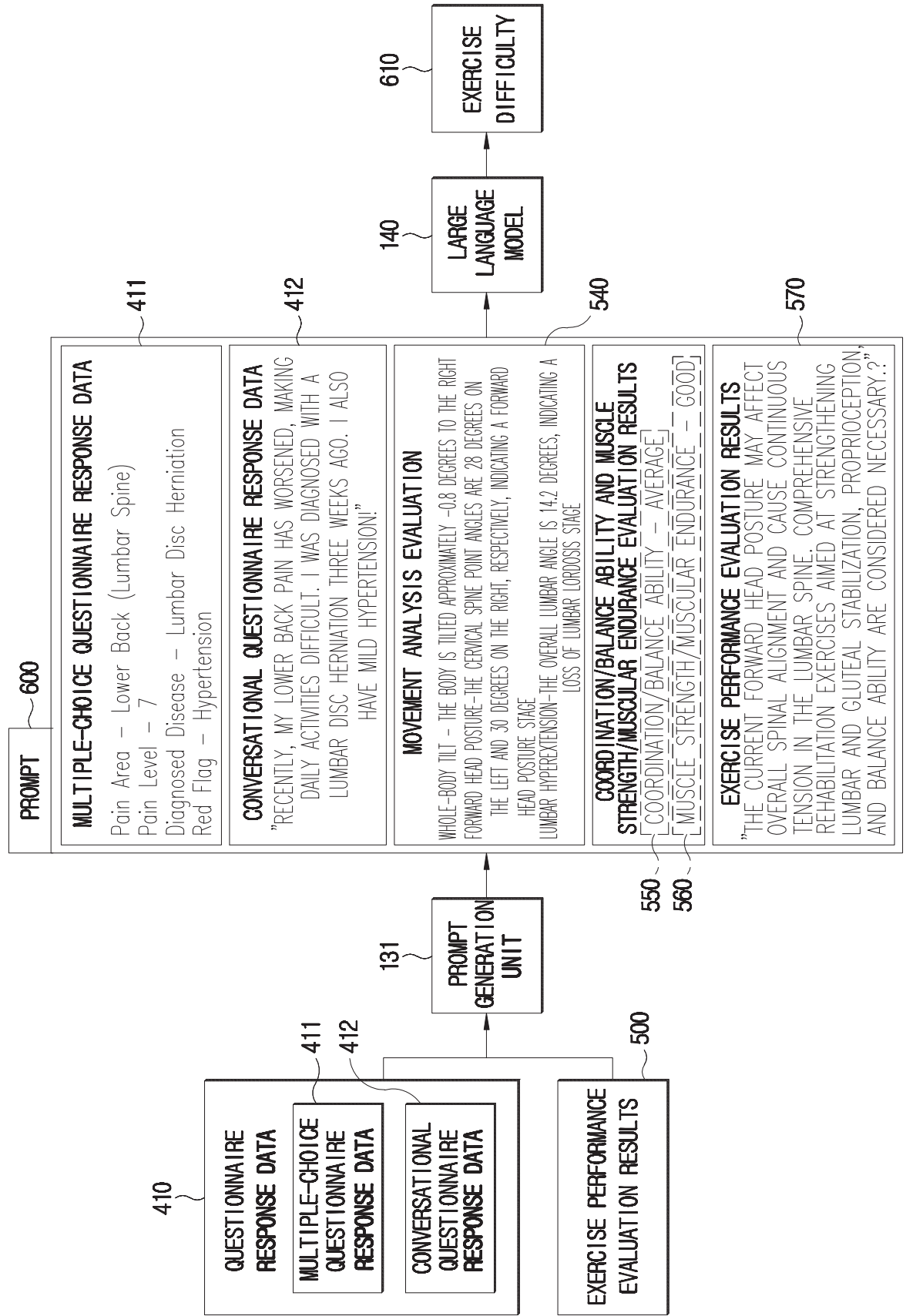


FIG. 6B

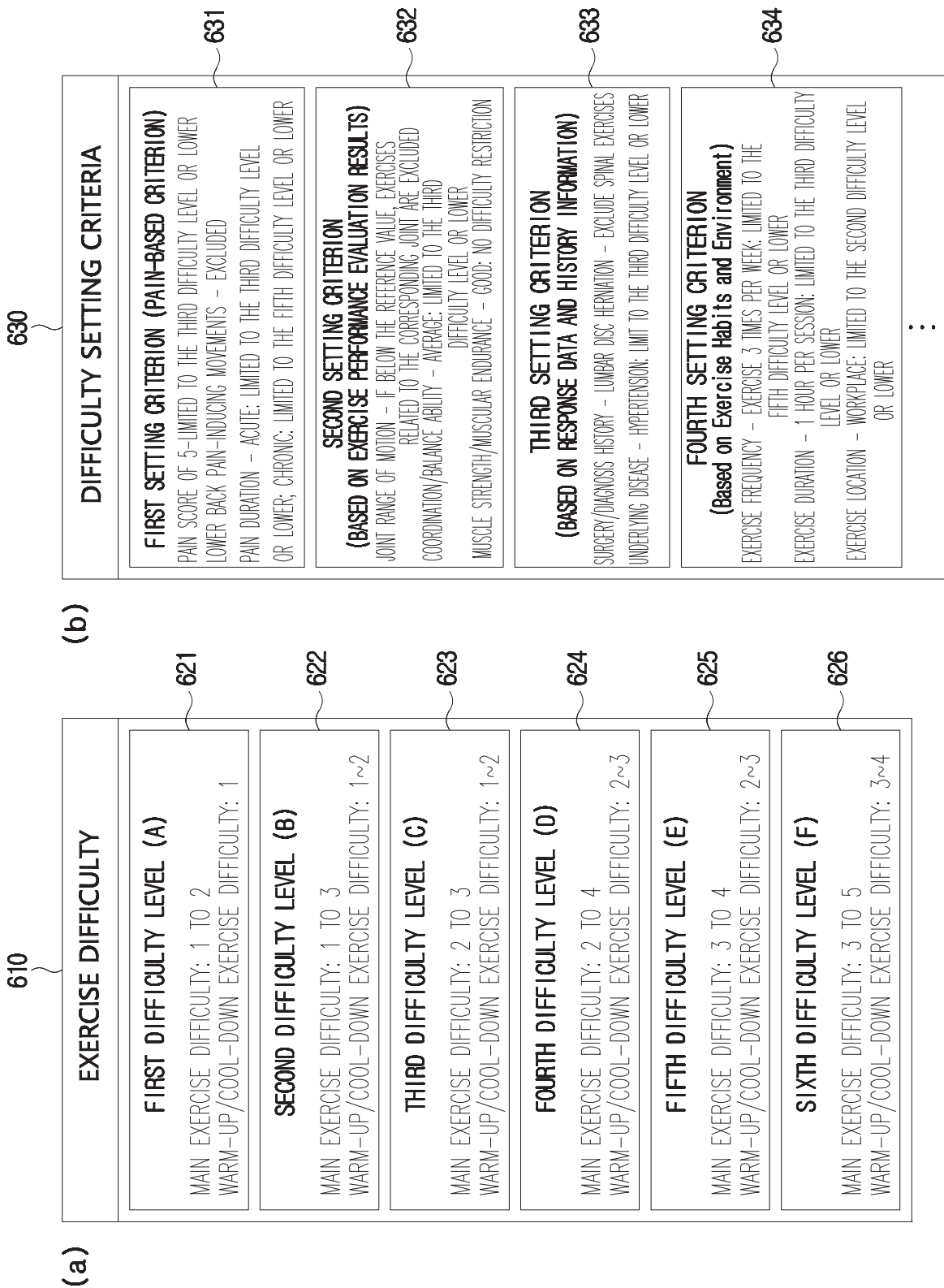


FIG. 7

