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ABSTRACT OF THE DISCLOSURE

There is provided a working fluid and a refrigerating machine for preventing clogging in a depressurizing mechanism even with use of HFC-base refrigerants. A refrigeration circuit 1 is filled with a working fluid composed of an HFC-base refrigerant containing 50 wt% or more R32 and a mixed refrigerating machine oil. The mixed refrigerating machine oil is made up of a synthetic oil such as an ether oil and an ester oil, and an alkylbenzene-base oil, and the alkylbenzene-base oil accounts for 1 to 90 wt% of the mixed refrigerating machine oil.