CLAIMS

What is claimed is:

1. A synergistic composition for use in increasing blood hemoglobin concentration in a subject, comprising a combination of the following components: (A) an extract of Siwu, which is made from *Angelica sinensis, Ligusticum wallichii, Paeonia lactiflora,* and *Rehmannia glutinosa* in a weight ratio of 3:3:1:1; and (B) a heterocyclic structural complex formed by two molecules of glycine and a ferrous ion, which is contained in an amount of 5-10% by total weight of the synergistic composition.

2. The synergistic composition of claim 1, wherein the subject is a patient with anemia.

3. The synergistic composition of claim 2, wherein the subject is a female patient with anemia.

4. The synergistic composition of claim 1, which is a liquid formulation.

5. Use of a synergistic composition according to claim 1 in the manufacture of a medicament for treating anemia.

6. The use of claim 5, wherein the medicament is for treating anemia in a female patient.