Claims

1. Use of (i) uridine and/or an equivalent thereof and (ii) n-3 PUFA for the manufacture of a composition for restoring or improving bladder function in a subject.
2. Use according to claim 1, wherein the subject is a patient who is suffering from, is recovering from and/or has suffered from a neurological disorder, preferably from spinal cord injury.
3. Use according to claim 1 or 2, wherein the n-3 PUFA is selected from EPA and/or DHA.
4. Use according to any one of the preceding claims, wherein 500 – 5000 mg DHA is to be administered per day.
5. Use according to any one of the preceding claims, wherein the composition further comprises choline, and preferably further comprises B vitamin(s).
6. Use according to any one of the preceding claims, wherein the composition further comprises phospholipids, choline, B vitamin(s) and antioxidants.
7. Use according to claim 5 or 6, wherein the composition comprises choline, vitamin B6 and folic acid.
8. Use according to any one of the preceding claims, wherein the uridine and/or equivalent thereof is uridine monophosphate.
9. Use according to any one of the preceding claims, wherein the composition comprises per 125 mL or per daily dosage:
   (i) 400 – 800 mg UMP;
   (ii) n-3 PUFAs comprising (a) 100 – 500 mg EPA and (b) 900 – 1500 mg DHA;
   (iii) 50 – 600 mg phospholipids;
   (iv) 200 – 600 mg choline;
   (v) vitamins B comprising (a) 1 – 5 μg vitamin B12, (b) 0.5 – 3 mg vitamin B6 and (c) 200 – 600 μg folic acid; and
   (vi) antioxidants comprising (a) 20 – 60 mg vitamin E (alpha-TE), (b) 60 – 100 mg vitamin C, and (c) 40 – 80 μg selenium.
10. Use according to any one of the preceding claims, wherein the composition is a liquid or a solid which is reconstitutable with a liquid.
11. A composition for use in restoring or improving bladder function in a subject, comprising (i) uridine and/or an equivalent thereof and (ii) n-3 PUFA.

12. The composition for use according to claim 11, wherein the subject is a patient who is suffering from, is recovering from and/or has suffered from a neurological disorder, preferably from spinal cord injury.