Claims

1. Use of a neuroactive steroid for the manufacture of a medicament for treating a human subject suffering from postpartum depression, wherein the neuroactive steroid is allopregnanolone and the medicament is administered as follows:

administering an infusion of allopregnanolone comprising a plurality of step doses, said infusion comprising administering allopregnanolone at 15-70 μg/kg/hour;

further administering an infusion of allopregnanolone, said infusion comprising administering allopregnanolone at 70-100 μg/kg/hour; and

further administering an infusion of allopregnanolone comprising a plurality of step doses, said infusion comprising administering allopregnanolone at 15-70 μg/kg/hour.

2. The use of claim 1, wherein allopregnanolone is provided in a composition comprising a cyclodextrin.

3. The use of claim 1, wherein allopregnanolone is provided at a concentration of 0.1 to 10 mg/mL.

4. The use of claim 1, wherein allopregnanolone is provided at a concentration of 1 to 5 mg/mL.

5. The use of claim 2, wherein the cyclodextrin is present in the composition at 2-18% by weight of cyclodextrin per volume of composition.

6. The use of claim 2, wherein the cyclodextrin is present in the composition at 2-18% by weight of cyclodextrin per volume of composition and allopregnanolone is provided at a concentration of 1 to 5 mg/mL allopregnanolone.