CLAIMS

1. A flooring material comprising a stone material and building material,

the building material including Japanese cypress wood, a resin material and nets, the Japanese cypress wood being arranged in an uppermost surface of the flooring material,

wherein the stone material comprises 67.0% or more and 80.0% or less by mass of silicon dioxide with respect to the entire stone material,

wherein the stone material comprises 10.0% or more and 20.0% or less by mass of aluminum oxide with respect to the entire stone material,

wherein the stone material comprises 3.0% or more and 10.0% or less by mass of ferric oxide with respect to the entire stone material,

wherein the stone material comprises components selected from a group consisting of: potassium oxide, sodium oxide, calcium oxide, titanium oxide, magnesium oxide, diphosphorus pentoxide, sulfur trioxide, manganese oxide, zirconium oxide, chromium oxide, zinc oxide, strontium oxide, rubidium oxide, nickel oxide, copper oxide, cobalt oxide, lithium, boron, vanadium, copper, gallium, niobium, barium, lead, and cerium.

2. A flooring material comprising a stone material of claim 1,

wherein the stone material has a diameter of 100 mm or more and 200 mm or less.

3. The flooring material according to any one of claims 1 to 2, further comprising: a heat generator.

4. Use of the flooring material according to any one of claims 1 to 3 in a fitness studio.

5. Use according to claim 4, wherein a fitness activity performed in the fitness studio is hot yoga that is performed in an indoor environment with a temperature of 30 degrees or more and 45 degrees or less and a relative humidity of 50% or more and 85% or less.

6. A structure for fitness studios comprising the flooring material according to any one of claims 1 to 3.

7. Use of the flooring material according to any one of claims 1 to 3 in a sauna.

8. A structure for saunas comprising the flooring material according to claims 1 to 3.

9. The structure of claim 8, wherein the flooring material is installed on a wall surface.