

ASSISTANCE METHOD, ASSISTANCE PROGRAM, ASSISTANCE DEVICE, AND
ASSISTANCE SYSTEM FOR ASSISTING PREHABILITATION

ABSTRACT

5 An assistance device 3 for assisting prehabilitation
for a patient who is scheduled to undergo surgery, the assistance
device comprising an acquisition unit 31 for acquiring
preoperative information D1 on the patient's condition during a
specified period before surgery, the preoperative information D1
10 including at least one of nutrition consumed by the patient and
the patient's strength training status, and the nutrition
containing at least one of amino acids, probiotics, and
prebiotics.

15 Fig. 1