4. The energy absorber assembly of claim 3, further comprising at least one protrusion extending outward from the connector acting as a stop to limit rotation of the bracket assembly relative to the connector.

5. The energy absorber assembly of claim 1 or 3, wherein the energy absorber has an upside down V-shaped configuration.

6. The energy absorber assembly of claim ~~105~~, further comprising a cover interconnecting the energy absorber and the safety harness.

7. The energy absorber assembly of claim ~~116~~, wherein the cover has a top portion configured and arranged to releasably engage the bracket assembly, a first leg configured and arranged to releasably engage a first strap of the safety harness, and a second leg configured and arranged to releasably engage a second strap of the safety harness.

8. An energy absorber assembly for use with a safety harness having a dorsal D-ring, comprising:

a fastener;

a connector configured and arranged to operatively connect to the safety harness proximate the dorsal D-ring;

a bracket assembly including a base and a lifeline connector, the base having a slot forming a tab portion with an aperture and a bar portion, the aperture configured and arranged to receive the fastener, the bar portion configured and arranged to be engaged by an energy absorber, the lifeline connector being configured and arranged to engage a lifeline, the fastener operatively connecting the bracket assembly and the connector, the fastener releasing the bracket assembly from the connector when subjected to a predetermined load; and

the energy absorber operatively connecting the bracket assembly and the connector, the energy absorber including a first portion and a second portion that separate to absorb shock after the bracket assembly is released from the connector,

wherein the bracket assembly is pivotable about the fastener relative to the connector.