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(71) Applicant *(for all designated States except US)*: **CIMTECH PTY LIMITED** [AU/AU]; c/- Lawler Partners, 763 Hunter Street, Newcastle West, New South Wales 2302 (AU).

(72) Inventors; and

(75) Inventors/Applicants *(for US only)*: **MATHESON, Graham** [NZ/AU]; 3/16 Ozone Street, Cronulla, New South Wales 2230 (AU). **WALSH, William** [AU/AU]; c/- Surgical & Orthopaedic Research Laboratories, Level 1, Clinical Sciences Building, Prince of Wales Hospital, Randwick, New South Wales 2031 (AU).

(74) Agents: **RECCHIA, Gavin, Dean** et al.; Davies Collison Cave, Level 14, 255 Elizabeth Street, Sydney, New South Wales 2000 (AU).

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(54) Title: METHODS AND COMPOSITIONS FOR BONE AND CARTILAGE REPAIR

(57) Abstract: Biologically active extract of *Hibiscus tiliaceus* L. and compositions comprising the extract are described. The invention also provides therapeutic uses of the extract and compositions, in particular for promoting healing of bone and cartilage injuries, and the promotion of bone and cartilage formation.