Claims

1. A hypotensive and neutral fat elevation-suppressing composition ~~for lowering blood pressure and/or reducing neutral fat~~, comprising a casein hydrolysate and an indigestible dextrin,

wherein

the casein hydrolysate comprises a peptide composed of Met-Lys-Pro,

an amount of the indigestible dextrin to be used by a subject of application of the composition is 0.01 to 1 g/kg body weight/day, and

~~a content of~~ the indigestible dextrin is contained at 5,000 to 100,000 parts by mass with respect to 1 part by mass of the peptide.

2. The composition according to claim 1, wherein suppression of elevation of neutral fat is within six hours after meal including the application of the composition~~comprising the indigestible dextrin and the casein hydrolysate at a mass ratio of 10:0.001 to 1:1~~.

3. The composition according to claim 1, which is used to lower blood pressure and suppress elevation of neutral fat within six hours after meal including the application of the composition.

4. The composition according to any one of claims 1 to 3, which is in the form of powder, granule, tablet or capsule.

5. The composition according to any one of claims 1 to 3, wherein the composition is a fermented food or beverage.

6~~3~~. The composition according to any one of claims 1 to 3~~or 2~~, wherein the composition is a pharmaceutical composition or a food or beverage composition.

7~~4~~. The composition according to any one of claims 1 to 6~~or 2~~, wherein the

composition is for ~~use in~~ lowering blood pressure, suppressing of elevation of neutral fat, and suppressing of the postprandial blood glucose elevation ~~and/or reducing neutral fat.~~

~~5. The composition according to claim 1 or 2 for use in the prevention or treatment of hypertension and/or dyslipidemia.~~

~~6. Use of the composition according to claim 1 or 2 in the manufacture of a medicament for lowering blood pressure and/or reducing neutral fat.~~

~~7. Use of the composition according to claim 1 or 2 in the manufacture of a medicament for the prevention or treatment of hypertension and/or dyslipidemia.~~

~~8. The composition according to any one of claims 1 to 3, in the form of a unit package.~~

~~9. The composition according to any one of claims 1 to 3, wherein the composition is a fermented food or beverage.~~

~~10. The composition according to claim 9, wherein the fermented food or beverage comprises sucralose, and one or more monosaccharides and/or rare sugars selected from the group consisting of fructose, psicose, and allose.~~

~~11. The composition according to claim 10, further comprising lactulose.~~

~~12. A method of producing a fermented milk comprising a casein hydrolysate and an indigestible dextrin, and further comprising sucralose, fructose, psicose, and allose.~~

~~13. The method of producing a fermented milk according to claim 12, wherein the casein hydrolysate comprises a peptide composed of Met-Lys-Pro.~~

~~14. The method of producing a fermented milk according to claim 12 or 13, wherein the fermented milk further comprises lactulose.~~