

ABSTRACT

The present invention aims to provide a peptide or a salt thereof useful in reducing a decline in cognitive function or improving cognitive function, and a composition for reducing a decline in cognitive function or improving cognitive function. The present invention relates to a composition containing a peptide consisting of an amino acid sequence selected from the group consisting of LYEGY (SEQ ID NO: 7), GGRYY (SEQ ID NO: 1), AHDGGRYY (SEQ ID NO: 2), AEYY (SEQ ID NO: 3), AEYYRA (SEQ ID NO: 4), GVTHNVP (SEQ ID NO: 5), GVTHNVPIYEGY (SEQ ID NO: 6), ISGW (SEQ ID NO: 8), IKGY (SEQ ID NO: 9), pEAPPH (SEQ ID NO: 10), LTEAP (SEQ ID NO: 11), DLTVTN (SEQ ID NO: 12), pEIISAN (SEQ ID NO: 13), ILPVPA (SEQ ID NO: 14), TERGYS (SEQ ID NO: 15), and IGME (SEQ ID NO: 16), or a salt thereof.