

"LONG-TERM FEED - ELDERLY"

BACKGROUND

[0001] The present application relates to nutrition. More specifically, the present invention relates to clinical nutrition.

[0002] Due to a variety of diseases, insults, and complications, patients may not be able to obtain the necessary nutrition by ingesting food through the mouth, e.g., eating food. Therefore, it has been known to provide clinical nutrition either enterally or parenterally. A variety of different formulations have been developed to provide such clinical nutrition.

[0003] Even with respect to typical enteral nutritional products, these products are designed for short-term use, typically 10 to 24 days. In this regard, the products usually provide the essential nutritional components to provide necessary nutrition to patients having acute pathologies during their hospital stays. Although these products are suitable for such short term use, they have not necessarily been designed for long-term feeding of patients. With advances in medicine resulting in increased life expectancy and better disease treatments, a number of individuals could benefit from products designed to provide long-term enteral nutrition.

SUMMARY

[0004] According to a first aspect of the present invention there is provided a method for providing tube-fed nutrition to an elderly patient comprising the steps of:

administering to an elderly patient at least once a day long term through a tube a nutritional product comprising:

- a source of protein that comprises 14 to 20% by caloric content of the product;
- a source of carbohydrates that comprises 10 to 50% by caloric content of the product;
- a source of lipids that comprises 30 to 45% by caloric content of the product;

a source of dietary fiber that provides 10 to 25 grams per liter of the product;
8.0 to 18.0 micrograms of chromium per 100 kcal of the product; and
wherein the lipids comprise 40 to 60% by weight mono-unsaturated fats.

According to a second aspect of the present invention there is provided a method for providing nutrition to an elderly patient comprising the steps of:

administering long term, at least once a day, through a tube, a composition comprising:

a source of protein that comprises 14 to 20% by caloric content of the product;
a source of carbohydrates that comprises 10 to 50% by caloric content of the product;
a source of lipids that comprises 30 to 45% by caloric content of the product;
a source of dietary fiber that provides 10 to 25 grams per liter of the product;
8.0 to 18.0 micrograms of chromium per 100 kcal of the product; vitamin D and calcium; and

wherein the lipids comprise 40 to 60% by weight mono-unsaturated fats.

According to a third aspect of the present invention there is provided a composition for providing long-term tube-fed nutrition comprising:

a source of protein that comprises 14 to 20% by caloric content of the product;
a source of carbohydrates that comprises 10 to 50% by caloric content of the product;
a source of lipids that comprises 30 to 45% by caloric content of the product;
a source of dietary fiber that provides 10 to 25 grams per liter of the product and comprising both soluble and insoluble fibers, wherein at least 25% by weight of the fiber is soluble;

8.0 to 18.0 micrograms of chromium per 100 kcal of the product;
wherein the lipids comprise 40 to 60% by weight mono-unsaturated fats; and
the product further comprising minerals and vitamins.

According to a fourth aspect, there is provided use of:

a source of protein that comprises 14 to 20% by caloric content of the product;
a source of carbohydrates that comprises 10 to 50% by caloric content of the product;
a source of lipids that comprises 30 to 45% by caloric content of the product;

a source of dietary fiber that provides 10 to 25 grams per liter of the product;
8.0 to 18.0 micrograms of chromium per 100 kcal of the product; and
wherein the lipids comprise 40 to 60% by weight mono-unsaturated fats;
in the manufacture of a nutritional product for providing tube-fed nutrition at least once a day to an elderly patient in need thereof.

According to a fifth aspect, there is provided use of:

a source of protein that comprises 14 to 20% by caloric content of the product;
a source of carbohydrates that comprises 10 to 50% by caloric content of the product,
a source of lipids that comprises 30 to 45% by caloric content of the product;
a source of dietary fiber that provides 10 to 25 grams per liter of the product;
8.0 to 18.0 micrograms of chromium per 100 kcal of the product; vitamin D and calcium; and
wherein the lipids comprise 40 to 60% by weight mono-unsaturated fats;
in the manufacture of a composition for providing tube-fed nutrition at least once a day to an elderly patient in need thereof.

Unless the context clearly requires otherwise, throughout the description and the claims, the words “comprise”, “comprising”, and the like are to be construed in an inclusive sense as opposed to an exclusive or exhaustive sense; that is to say, in the sense of “including, but not limited to”.

[0004] The present invention provides methods of providing long-term tube-fed nutrition to patients requiring same. More specifically, the present invention provides methods and compositions for providing long-term tube-fed nutrition to an elderly patient.

[0005] To this end, in an embodiment, the present invention provides a method for providing tube-fed nutrition to an elderly patient comprising the steps of:

administering long term, at least once a day, through a tube, a nutritional product comprising: a source of protein that comprises 14 to 20% by caloric content of the product; a source of carbohydrates that comprises 10 to 50% by caloric content of the product; a source of lipids that comprises 30 to 45% by caloric content of the product; a

source of dietary fiber that provides 10 to 25 grams per liter of the product; and 8.0 to 18.0 micrograms of chromium per 100 kcal of the product.

[0006] Pursuant to the method, in an embodiment, the lipids can comprise 40 to 60% by weight mono-unsaturated fats (MUFA). In an embodiment, the product comprises not more than 1.1 grams per 100 kcal of saturated fatty acids (SFA) and the product comprises 0.4 to 2.0% by weight of the lipids as eicosapentaenoic acid (EPA). The protein source can be selected from the group consisting of casein, whey, and soy. The carbohydrates can be selected from the group consisting of fructose, sugar alcohols, starches, dextrins and maltodextrins.

[0007] Pursuant to the method, the product can comprise other components. For example, per 100 kcal the product can comprise at least: 30 mg choline; 4.0 mg taurine; and/or 3.0 mg carnitine. Additionally, the product can comprise per 100 kcal at least: 0.1 mg beta-carotene; 0.2 mg lycopene; and/or 0.05 mg lutein.

[0008] In an embodiment of the method, the energy density is 0.8 to 1.3 kcal/ml. If desired, the product comprises a prebiotic and provides both soluble and insoluble fibers. At least 25% by weight of the fiber can be soluble.

[0009] In another embodiment, the present invention provides a method for providing nutrition to an elderly patient comprising the steps of: administering long term, at least once a day, through a tube, a composition comprising: a protein source; a fat source; not more than 44% of the energy of the composition provided by a carbohydrate source; a source of dietary fiber comprising at least 25% by weight soluble fiber; at least 8.0 micrograms per 100 kcal of the product provided by chromium; vitamin D; and calcium.

[0010] In an embodiment of the method, the vitamin D comprises at least 0.5 micrograms per 100 kcal and the calcium comprises at least 35 mg per 100 kcal.

[0011] In an embodiment of the method, the protein source is selected from the group consisting of casein, whey, and soy and the carbohydrates are selected from the group consisting of fructose, sugar alcohols, starches, dextrins and maltodextrins.

[0012] Still further, pursuant to the present invention, a composition for providing long-term tube-fed nutrition is provided comprising: a source of protein that comprises 14 to 20% by caloric content of the product; a source of carbohydrates that comprises 10 to 50% by caloric content of the product; a source of lipids that

comprises 30 to 45% by caloric content of the product; a source of dietary fiber that provides 10 to 25 grams per liter of the product and comprising both soluble and insoluble fibers, wherein at least 25% by weight of the fiber is soluble; 8.0 to 18.0 micrograms of chromium per 100 kcal of the product.

[0013] A number of variations and additions to the product are possible. For example, the lipids can comprise 40 to 60% by weight mono-unsaturated fats, not more than 1.1 grams per 100 kcal of saturated fatty acids, and 0.4 to 2.0% by weight of the lipids as eicosapentaenoic acid. The protein source can be selected from the group consisting of casein, whey, and soy and the carbohydrates can be selected from the group consisting of fructose, sugar alcohols, starches, dextrans and maltodextrins. In an embodiment, the product comprises per 100 kcal at least: 30 mg choline; 4.0 mg taurine; and 3.0 mg carnitine. In another embodiment, the product comprises per 100 kcal at least: 0.1 mg beta-carotene; 0.2 mg lycopene; and 0.05 mg lutein.

[0014] An advantage of the present invention is to provide improved enteral nutrition products.

[0015] Moreover, an advantage of the present invention is to provide improved methods for providing enteral nutrition.

[0016] Furthermore, an advantage of the present invention is to provide compositions for providing long-term tube-fed nutrition to elderly patients.

[0017] Additionally, an advantage of the present invention is to provide methods of providing long-term tube-fed nutrition to elderly patients.

[0018] Additional features and advantages are described herein, and will be apparent from, the following Detailed Description.

DETAILED DESCRIPTION

[0019] The present invention relates to clinical nutrition. More specifically, the present invention relates to providing long-term tube-fed nutrition to elderly patients. As used herein, the term "long-term" means greater than one month (30 days). As used herein, the term "tube-fed" means to provide a product to a patient through a feed tube that is received within a portion of the digestive tract of a patient, for example, a nasogastric feed tube or percutaneous endoscopic gastrostomy tube. Applicants are filing herewith a patent application entitled "METHODS OF PROVIDING LONG-TERM NUTRITION" that discloses various long-term enteral

nutrition formulas and business methods based thereon, the disclosure of which is hereby incorporated herein by reference.

[0020] The long-term tube-fed nutrition products are preferably designed for elderly patients. As used herein, the term "elderly patients" refers to an adult patient sixty-five years of age or older who cannot receive nutrition through a normal diet but who is normo-metabolic (i.e. not suffering from a metabolic disorder). Such a patient may previously have undergone surgery for a cancer of the head or neck leaving an incomplete digestive tract or an inability to swallow, may have received an injury to the neck leaving him or her unable to swallow or may be unable to swallow as a result of neurological damage caused by a stroke for example, or may be suffering from a disorder such as Alzheimers, Parkinsons, dysphagia, or CVA. As used herein, the term "normal diet" means to receive at least substantially all nutrition by eating, i.e., using one's mouth, without the use of any feed tube or parenteral feed.

[0021] In the composition of the present invention, an attempt has been made to optimize the glycaemic response in elderly patients fed the formulation. Repetitive episodes of hyperglycemia is a major difficulty with enteral feeding of the elderly. This can be especially acute for those elderly patients that may require long-term tube-fed nutrition for the rest of their lives. Hyperglycemia can aggravate the chronic low-level inflammation that is thought to be associated with many symptoms of aging. For example, repeated episodes of hyperglycemia may be linked with inflammation of the endothelium of the blood vessels, leading to vascular constriction. This can lead to cardiovascular disease and problems associated therewith. Similarly, there may be increased volume of urine, leading to excessive loss of minerals and consequential load on the kidneys.

[0022] Accordingly, pursuant to the present invention, in at least an embodiment, the formulation is able to maintain metabolic status in elderly long-term tube-fed nutrition patients by maintaining glycaemic homeostasis. To this end, the composition is designed to reduce insulin resistance and/or modulate glucose response. In an embodiment, the formulation is designed to provide necessary nutrition long term at 1500 ml per day.

[0023] Preferably, the composition provides a source of protein providing 14 to 20 percent of the total caloric content of the product. Any high quality protein source

can be used, or a mixture thereof, providing a balanced profile of essential amino acids. Examples include casein, whey, and soy proteins. Proteins may be intact or partially hydrolyzed. Free amino acids may be added if desired. Preferably, at least 50 percent by weight of the protein is whey protein. In an embodiment, a mixture of 60 percent whey protein and 40 percent soy protein is utilized.

[0024] Preferably, the source of carbohydrates provides 10 to 50 percent of the total caloric content of the product. In a preferred embodiment, it provides less than 45 percent of the total caloric content. The carbohydrate components are selected to preferably provide a low glycaemic response. Suitable carbohydrates are fructose, sugar alcohol such as sorbitol and xylitol, starches, dextrans, maltodextrins, and mixtures thereof.

[0025] Preferably, the source of lipids provides 30 to 45 percent of the total caloric content of which 40 to 60 percent by weight are monounsaturated fatty acids (MUFA). Any suitable mixture of dietary lipids can be used such as saturated fatty acids (SFA), MUFA, polyunsaturated fatty acids (PUFA), and medium chain triglycerides (MCT). Preferably, the saturated fatty acids do not represent greater than 1.1 g/100 kcal. Preferably, from 0.4 to 2 percent by weight of the lipids are eicosapentaenoic acid.

[0026] Additional substances can be added to the product. For example, per 100 kcal choline can be present at a level of at least 30 mg, taurine present at a level of at least 5.0 mg, and carnitine at a level of at least 3.0 mg. With respect to the phytonutrients, they can be present per 100 kcal as follows: beta-carotene at least 0.1 mg, lycopene at least 0.2 mg, and lutein at least 0.05 mg. In an embodiment, the energy density of the product is between 0.8 and 1.3 kcal/ml.

[0027] Pursuant to the formula of the present invention, by providing a decreased carbohydrate intake, and the addition of fructose, fibers, and chromium, the formula helps to maintain the glycaemic homeostasis. Moreover, the formula is able to deal with the prevalence of glucose intolerance within the patient population.

[0028] Fructose is used in an embodiment of the invention. Fructose is carried to the cells without any insulin mediation. Therefore, it is excellent source of energy alternative to glucose. In addition, fructose catalyzes the hepatic use of glucose. These two mechanisms help to avoid an excessive postprandial hyperglycemia.

[0029] The use of chromium in the composition is advantageous as it activates the oxidation of glucose. It limits the intolerance to glucose and decreases the need for insulin.

[0030] The use of modified fibers regulates the glucose absorption. This limits glycemic peaks. In addition, the vitamin D intake is high in order to maintain the bone reserves.

[0031] As noted above, the present invention provides methods as well as products that are optimized and/or improved for long-term use. In an embodiment, these product are provided to the patient outside of a hospital setting. For example, the products can be provided in a nursing home, out care patient center, or even the home of the patient. Preferably, the nutrition products are housed in a plastic bag. A variety of such bags are known, for example, 500 ml, 1000 ml, and 1500 ml bags are known in the art. It should be noted, however, that any suitable container can be used to house the nutrition product. In an embodiment, the product is designed to provide necessary nutrition at 1500 ml per day, although those skilled in the art will appreciate that variations to this level are possible.

[0032] The nutrition products are specifically designed, in an embodiment, so that they can provide complete long-term nutrition and attempt to provide the same macro and micronutrients as would be ingested by a person eating a normal diet. Thus, the formulations can mimic, in an embodiment, what is referred to herein as the 5/8 a day. As used herein, the term "5/8 a day" refers to governmental guidelines to consumers to eat five to eight helpings of fruits and vegetable per day. Thus, in an embodiment, the products are designed so that, to the extent possible, they attempt to mimic a normal diet that is preferably ingested by individuals that do not require a tube-fed product by providing micronutrients and phytonutrients found in fruit and vegetables. In an embodiment, the present invention provides a method of designing long-term enteral nutrition products based on attempting to mimic the 5/8 a day. By providing such a nutrition product, the patient's antioxidant status can be maintained as well as metabolic status. A goal being to place these patients in a state comparable, to the extent possible, to that of a completely healthy individual of the same age eating a balanced diet.

[0033] Phytonutrients have been found to provide the following characteristics: antioxidant, anti-inflammatory, detoxification, cancer protective, prevention of atherosclerosis, alleviation of metabolic syndromes, and prevention of bone loss. To achieve the necessary phytonutrients, the compositions of the present invention can include one or more of carotenoids such as lycopene (tomato), B-carotene (carrot, spinach, tomato), lutein (spinach), B-cryptoxanthin, vitamins such as mixed tocopherols (oils and nuts), and vitamin C (orange); and polyphenols such as catechins (green tea).

[0034] Preferably, the products include the necessary nutritional components to provide complete nutrition to the patient on a long-term basis. In this regard, the products include, among other possible ingredients: protein, carbohydrate, fat, vitamins, and minerals. In an embodiment, the products substantially, if not completely comply with at least certain governmental requirements. As used herein, "governmental requirements" means any recommendations from any one of the following governments: U.S., typically the USRDA, German, typically the German RDA, and French, typically the French RDA. In an embodiment, the nutrition product meets or exceeds at least one of the governmental requirements.

[0035] By way of example and not limitation, examples of the present invention will now be given.

Example No. 1 – Elderly Product

		Embodiment 1500 ml	Embodiment per 100 ml
Calories	kcal	1500	100.00
Proteins	g	60	4.00
Whey protein	g	36	2.40
Soya protein isolate	g	24	1.60
Carbohydrates	g	176	11.70
Fructose	g	16	1.1
Maltodextrins	g	86	5.8
Starch	g	57	3.8
Carbohydrates from other sources	g	17	1.1
Fiber	g	21	1.4

Insoluble	%	66	66
Soluble	%	34	34
Lipids	g	67	4.5
SFA (includes MCT)	g	20	1.3
MUFA	g	35	2.3
PUFA	g	10	0.68
Linoleic acid (n-6)	g	5.7	0.38
α linolenic acid (n-3)	g	1.1	0.07
Ratio $\omega 6/\omega 3$		3.1	3.1
EPA	g	0.45	0.03
DHA	g	0.30	0.02
MCT	g	10	0.67
Minerals and Trace Elements			
Sodium	mg	1185	79
Potassium	mg	3195	213
Calcium)	mg	1200	80
Phosphorus	mg	795	53
Magnesium	mg	345	23
Chloride	mg	1650	110
Iron	mg	12.3	0.82
Zinc	mg	15	1.0
Copper	mg	2.7	0.18
Fluoride	mg	1.2	0.08
Chromium	μg	225	15
Molybdenum	μg	195	13
Selenium	μg	100	6.7
Manganese	mg	4.0	0.27
Iodine	μg	150	10
Vitamins			
Vitamin A total	IU	4200	280
Vitamin D	μg	14.7	0.98
Vitamin E	IU	67.5	4.5
Vitamin K	μg	210	14.0
Vitamin C	mg	120	8.0
Vitamin B1 (Thiamin)	mg	1.5	0.10
Vitamin B2 (Riboflavin)	mg	1.95	0.13
Vitamin B3-PP (Niacin)	mg	15	1.00
Vitamin B5 (Pantothenic acid)	mg	8.0	0.53
Vitamin B6	mg	2.25	0.15

(Pyridoxine)			
Vitamin B8 (Biotin)	µg	57	3.80
Vitamin B9 (Folic Acid)	µg	405	27
Vitamin B12	µg	4.8	0.32
Other			
Choline	mg	795	53
Carnitine	mg	150	10
Taurine	mg	81	5.4
Lycopene (tomato)	mg	5.9	0.39
Beta-carotene (carrot)	mg	3.8	0.25
Lutein (Spinach)	mg	1.43	0.095

Example No. 2 – Elderly Product

		Embodiment 1500 ml	RANGE for 100kcal	Embodiment per 100 ml
Calories	kcal	1500	0.8-1.3 kcal/ml	100.00
Proteins	g	60	14-20% of total energy content Any balanced AA profile, preferably > 50% by weight of proteins as whey in partially hydrolysed or intact form	4.00
Whey protein	g	36		2.40
Soya protein isolate	g	24		1.60
Carbohydrates	g	176	10-50% of total energy content Selected to give a lowered glycemic response, e.g. glucose, sugar alcohols (sorbitol), starches (dextrins, maltodextrins), preferably should not contain sucrose	11.70
Fructose	g	16		1.1
Maltodextrins	g	86		5.8
Starch	g	57		3.8
Carbohydrates from other sources	g	17		1.1
Fiber	g	21	10-25g/litre	1.4
Insoluble Fiber	%	66		66
Soluble Fiber	%	34	at least 25% soluble preferably 30-55% soluble	34
Lipids	g	67	30-45% of total energy content	4.5
SFA (includes MCT)	g	20	saturated fats (not incl. MCT) <10% of total	1.3

			energy content or <1.11g/100kcal	
MUFA	g	35	40-60% of total lipids (by wt)	2.32
PUFA	g	10		0.68
Linoleic acid (n-6)	g	5.7		0.38
α linolenic acid (n-3)	g	1.1		0.07
Ratio $\omega 6/\omega 3$		3.1	2 to 6	3.1
EPA	g	0.45	0.4-2% of total lipids by wt (optional)	0.03
DHA	g	0.30		0.02
MCT	g	10		0.67
Minerals and Trace Elements				
Sodium	mg	1185		79
Potassium	mg	3195		213
Calcium)	mg	1200	>35	80
Phosphorus	mg	795		53
Magnesium	mg	345		23
Chloride	mg	1650		110
Iron	mg	12.3		0.82
Zinc	mg	15		1.0
Copper	mg	2.7		0.18
Fluoride	mg	1.2		0.08
Chromium	μ g	225	8-18	15
Molybdenum	μ g	195		13
Selenium	μ g	100.5		6.7
Manganese	mg	4.0		0.27
Iodine	μ g	150		10
Vitamins				
Vitamin A total	IU	4200		280
Vitamin D	μ g	14.7	>0.5	0.98
Vitamin E	IU	67.5		4.50
Vitamin K	μ g	210		14.0
Vitamin C	mg	120		8.0
Vitamin B1 (Thiamin)	mg	1.5		0.10
Vitamin B2 (Riboflavin)	mg	2.0		0.13
Vitamin B3-PP (Niacin)	mg	15		1.00
Vitamin B5 (Pantothenic acid)	mg	8.0		0.53
Vitamin B6	mg	2.3		0.15

(Pyridoxine)				
Vitamin B8 (Biotin)	µg	57		3.80
Vitamin B9 (Folic Acid)	µg	405		27
Vitamin B12	µg	4.8		0.32
Other				
Choline	mg	795	If present, >30mg/100kcal	53
Carnitine	mg	150	If present>3mg/100 kcal	10
Taurine	mg	81	If present, >4 mg/100kcal	5.4
Lycopene (tomato)	mg	5.9	>0.2 mg/100kcal	0.39
Beta-carotene (carrot)	mg	3.8	>0.1mg/100kcal	0.25
Lutein (Spinach)	mg	1.43	>0.05mg/100kcal	0.095

[0036] Pursuant to an embodiment of the present invention, the formulations of either Example No. 1 or 2 can be provided to an elderly patient who cannot eat a normal diet at least once a day on a long-term basis for as long as necessary.

[0037] It should be understood that various changes and modifications to the presently preferred embodiments described herein will be apparent to those skilled in the art. Such changes and modifications can be made without departing from the spirit and scope of the present subject matter and without diminishing its intended advantages. It is therefore intended that such changes and modifications be covered by the appended claims.

CLAIMS

The invention is claimed as follows:

1. A method for providing tube-fed nutrition to an elderly patient comprising the steps of:

administering to an elderly patient at least once a day long term through a tube a nutritional product comprising:

a source of protein that comprises 14 to 20% by caloric content of the product;

a source of carbohydrates that comprises 10 to 50% by caloric content of the product;

a source of lipids that comprises 30 to 45% by caloric content of the product;

a source of dietary fiber that provides 10 to 25 grams per liter of the product;

8.0 to 18.0 micrograms of chromium per 100 kcal of the product; and

wherein the lipids comprise 40 to 60% by weight mono-unsaturated fats.

2. The method of claim 1 wherein at least 25% by weight of the fiber is soluble.

3. The method of any one of the preceding claims wherein the protein source is selected from the group consisting of casein, whey, and soy.

4. The method of any one of the preceding claims wherein the carbohydrates are selected from the group consisting of fructose, sugar alcohols, starches, dextrins and maltodextrins.

5. The method of claim 1 wherein the product comprises not more than 1.1 grams per 100 kcal of saturated fatty acids.

6. The method of claim 1 wherein the product comprises 0.4 to 2.0% by weight of the lipids as eicosapentanenoic acid.

7. The method of any one of the preceding claims wherein the product comprises per 100 kcal at least:

30 mg choline;

5.0 mg taurine; and

3.0 mg carnitine;

8. The method of any one of the preceding claims wherein the product comprises per 100 kcal one or more of at least:

0.1 mg beta-carotene;

0.2 mg lycopene; and

0.05 mg lutein.

9. The method of any one of the preceding claims wherein the energy density is 0.8 to 1.3 kcal/ml.

10. The method of claim 1 wherein the source of dietary fibers provides both soluble and insoluble fibers.

11. The method of any one of the preceding claims wherein the product comprises a prebiotic.

12. A method for providing nutrition to an elderly patient comprising the steps of:

administering long term, at least once a day, through a tube, a composition comprising:

a source of protein that comprises 14 to 20% by caloric content of the product;

a source of carbohydrates that comprises 10 to 50% by caloric content of the product;

a source of lipids that comprises 30 to 45% by caloric content of the product;

a source of dietary fiber that provides 10 to 25 grams per liter of the product;

8.0 to 18.0 micrograms of chromium per 100 kcal of the product;

vitamin D and

calcium; and

wherein the lipids comprise 40 to 60% by weight mono-unsaturated fats.

13. The method of claim 12 wherein the vitamin D comprises at least 0.5 micrograms per 100 kcal.

14. The method of claim 12 or claim 13 wherein the calcium comprises at least 35 mg per 100 kcal.

15. The method of any one of claims 12 to 14 wherein the protein source is selected from the group consisting of casein, whey, and soy.

16. The method of any one of claims 12 to 15 wherein the carbohydrates are selected from the group consisting of fructose, sugar alcohols, starches, dextrins and maltodextrins.

17. The method of any one of claims 12 to 16 wherein the product comprises not more than 1.1 grams per 100 kcal of saturated fatty acids.

18. The method of any one of claims 12 to 17 wherein the product comprises per 100 kcal at least:

30 mg choline;

5.0 mg taurine; and

3.0 mg carnitine.

19. The method of any one of claims 12 to 18 wherein the product comprises per 100 kcal at least:

0.1 mg beta-carotene;

0.2 mg lycopene; and

0.05 mg lutein.

20. The method of any one of claims 12 to 19 wherein the energy density is 0.8 to 1.3 kcal/m.

21. A composition for providing long-term tube- fed nutrition comprising:
a source of protein that comprises 14 to 20% by caloric content of the product;
a source of carbohydrates that comprises 10 to 50% by caloric content of the product;
a source of lipids that comprises 30 to 45% by caloric content of the product;
a source of dietary fiber that provides 10 to 25 grams per liter of the product and comprising both soluble and insoluble fibers, wherein at least 25% by weight of the fiber is soluble;
8.0 to 18.0 micrograms of chromium per 100 kcal of the product;
wherein the lipids comprise 40 to 60% by weight mono-unsaturated fats; and
the product further comprises minerals and vitamins.

22. The product of claim 21 wherein the protein source is selected from the group consisting of casein, whey, and soy.

23. The product of any one of claims 21 to 22 wherein the carbohydrates are selected from the group consisting of fructose, sugar alcohols, starches, dextrins and maltodextrins.

24. The product of claim 21 comprising not more than 1.1 grams per 100 kcal of saturated fatty acids.

25. The product of claim 21 comprising 0.4 to 2.0% by weight of the lipids as eicosapentaenoic acid.

26. The product of any one of claims 21 to 25 comprising per 100 kcal at least:

30 mg choline;

5.0 mg taurine; and

3.0 mg carnitine.

27. The product of any one of claims 21 to 26 comprising per 100 kcal at least:

0.1 mg beta-carotene;

0.2 mg lycopene; and

0.05 mg lutein.

28. The product of any one of claims 21 to 27 wherein the energy density is 0.8 to 1.3 kcal/ml.

29. Use of:

a source of protein that comprises 14 to 20% by caloric content of the product;

a source of carbohydrates that comprises 10 to 50% by caloric content of the product;

a source of lipids that comprises 30 to 45% by caloric content of the product;

a source of dietary fiber that provides 10 to 25 grams per liter of the product;

8.0 to 18.0 micrograms of chromium per 100 kcal of the product; and

wherein the lipids comprise 40 to 60% by weight mono-unsaturated fats;

in the manufacture of a nutritional product for providing tube-fed nutrition at least once a day to an elderly patient in need thereof.

30. Use of:
- a source of protein that comprises 14 to 20% by caloric content of the product;
 - a source of carbohydrates that comprises 10 to 50% by caloric content of the product;
 - a source of lipids that comprises 30 to 45% by caloric content of the product;
 - a source of dietary fiber that provides 10 to 25 grams per liter of the product; 8.0 to 18.0 micrograms of chromium per 100 kcal of the product; vitamin D and calcium; and
 - wherein the lipids comprise 40 to 60% by weight mono-unsaturated fats;
- in the manufacture of a composition for providing tube-fed nutrition at least once a day to an elderly patient in need thereof.