

ABSTRACT

A non-magnetic substrate for a magnetic disk includes a substrate main body having two opposing main surfaces, and a metal film that is provided on
5 the main surfaces and is made of a material having a loss factor of 0.01 or more. The non-magnetic substrate has a thickness (T+D) of 0.700 mm or less, the thickness (T+D) being the sum of a thickness T of the substrate main body and a thickness D of the metal film, and a ratio D/T of the thickness D of the metal film to the thickness T of the substrate main body is 0.025 or more.