"Compositions comprising amino acids for use in the treatment of mitochondrial dysfunction-related diseases"

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Field of the invention

The present description relates generally to compositions comprising amino acids. More particularly, the description relates to compositions comprising amino acids for use in medicine, in particular for use in the treatment of diseases related to mitochondrial dysfunction.

Background

Mitochondria are cellular organelles which primary function is oxidative phosphorylation, a process through which energy derived from metabolism of glucose or fatty acids is converted to adenosine triphosphate (ATP). ATP is then used to drive various energy-requiring biosynthetic reactions and other metabolic activities.

Mitochondrial dysfunction may affect any tissue with a resulting large variety of symptoms, depending on the extent to which the different tissues are involved.

Diseases arising from mitochondrial dysfunction may include for example, mitochondrial swelling due to mitochondrial membrane potential malfunction, functional disorders due to oxidative stress such as by the action of reactive oxygen species (ROS) or free radicals, functional disorders due to genetic mutations and diseases due to functional deficiency of oxidative phosphorylation mechanisms for energy production.

Mitochondria deteriorate with age, losing respiratory activity, accumulating damage to their DNA

(mtDNA) and producing excessive amounts of reactive oxygen species (ROS).

Recent evidence points to involvement of mitochondrial dysfunction in several diseases, including the age-related metabolic and cardiovascular disorders (atherosclerosis), in addition to the major neurodegenerative diseases such as Alzheimer's disease, Parkinson's disease and Huntington's disease and to chronic obstructive pulmonary disease (COPD).

Mitochondrial dysfunction has also been found in obesity and related disorders, including type 2 diabetes mellitus, high blood pressure, dyslipidemia, heart failure, kidney disease and osteoporosis.

Notably, sarcopenia, defined as one of the most important causes of functional decline and loss of independence in older adults due to involuntary loss of skeletal muscle mass and strength, and key feature of the so-called frailty syndrome, is due to reduced mitochondrial mass and function. In addition, cachexia or wasting syndrome is defined as an unintentional loss of body weight, muscle atrophy, fatigue, and weakness. Cachexia is seen in people with cancer, AIDS, coeliac disease, COPD, multiple sclerosis, rheumatoid arthritis, congestive heart failure, tuberculosis, and anorexia nervosa. No drugs or nutrients have been found to prevent and/or treat this condition.

Thus, given the worldwide obesity epidemics and increasing population ageing, the most frequent patients in the next future will be sarcopenic, obese elderly subjects.

Strategies alleviating age related deficits in mitochondrial biogenesis and activity includes calorie restriction (CR) and moderate physical exercise, which promote survival in mammals. CR has been found to prolong life expectancy in good health (healthspan),

through prevention of inflammatory, cardiovascular, cancer and neurodegenerative disorders. CR promotes the expression of genes involved in mitochondrial biogenesis and improves mitochondrial function in senescence or damaged cells and tissues (Nisoli et al., 2005).

Although CR has beneficial effects in humans such a dietary regimen is unlikely to be widely adopted in the elderly.

As alternative solution to provide benefits of dietary restriction without reduction in caloric intake a specific composition comprising amino acids was administrated in mammals, as disclosed for example in EP 2 196 203 B1.

Summary of the invention

The present description has the aim of providing new amino acid based compositions particularly effective in promoting mitochondrial biogenesis and improving mitochondrial function in a subject.

According to the present description, the above object is achieved thanks to the subject matter specifically recalled in the ensuing claims, which are understood as forming an integral part of this disclosure.

An embodiment of the present description provides a composition for promoting mitochondrial biogenesis and improving mitochondrial function in a subject, the composition comprising an active agent, said active agent containing the amino acids leucine, isoleucine, valine, threonine, lysine and citric acid, succinic acid, malic acid.

In one or more embodiments, the active agent of the composition further contains one or more amino acids selected in the group consisting of histidine,

phenylalanine, methionine, tryptophan, cysteine and tyrosine.

In one or more embodiments, the composition herein disclosed may be used in medicine.

In a preferred embodiment, the composition is intended for use in the treatment and/or prevention of a mitochondrial dysfunction-related disease selected between sarcopenia and hearth failure.

In another preferred embodiment, the composition may be used in the treatment and/or prevention of a mitochondrial dysfunction-related neurodegenerative diseases, such as Alzheimer's disease, Parkinson's disease and Huntington's disease.

In a further embodiment, the composition may be used in the treatment and/or prevention of a mitochondrial dysfunction-related disease selected among atherosclerosis, type 2 diabetes, kidney diseases, COPD and osteoporosis.

In one or more embodiments, the composition may be used in the treatment and/or prevention of malnutrition clinical situations, especially in the treatment and/or prevention of protein malnutrition and cachexia.

Brief description of the drawings

The invention will now be described, by way of example only, with reference to the enclosed figures, wherein:

- Figure 1 shows the content of mitochondrial DNA (mtDNA) analysed by means of quantitative PCR in HL-1 cardiomyocytes treated with different amino acid based compositions for 48 hours (48 hr, 2 d). The quantitative PCR is performed in triplicate and normalized to genomic-DNA coding for the GAPDH (n = 3, mean ± SEM). Value of untreated cells (CT) is taken as 1.0 (*p < 0.05 vs. untreated cells, #p < 0.05 vs.

BCAAem and B2).

- Figure 2 shows the mRNA levels of mitochondrial biogenesis marker (Tfam, PGC-1α, Cyt c) analysed by means of quantitative PCR in HL-1 cardiomyocytes treated with amino acid based compositions for 24 hr (1 d). Quantitative PCR is performed in triplicate and normalized to GAPDH (n = 3, mean ± SEM). *p < 0.05 vs. untreated cells, expressed as 1.0. #p < 0.05 vs. BCAAem.

- Figure 3 shows the levels of mitochondrial biogenesis marker (Tfam, PGC-1α, Cyt c) analysed by quantitative PCR in HL-1 cardiomyocytes treated with amino acid based compositions for 48 hr (2 d). Quantitative PCR is performed in triplicate and normalized to GAPDH (n = 3, mean ± SEM). *p < 0.05 vs. untreated cells, expressed as 1.0. #p < 0.05 vs. BCAAem.

- Figure 4 shows the mRNA levels of Krüppel-like factor 15 (KFL15) and mitochondrial matrix-targeted protein phosphatase 2C family member (PP2CM) which are proteins regulating the catabolism of the branched chain amino acids (BCAA). PP2CM and KFL15 have been analysed by quantitative PCR in HL-1 cardiomyocytes treated with amino acid based compositions for 24 hr (1 d) or 48 hr (2 d). Quantitative PCR is performed in triplicate and normalized to GAPDH (n = 3, mean ± SEM). *p < 0.05 vs. untreated cells, expressed as 1.0; #p < 0.05 vs. BCAAem and B2.

- Figure 5 shows an evaluation of the oxygen consumption rate (OCR). Oxygen consumption in HL-1 cardiomyocytes treated with amino acid based compositions or DETA-NO for 48 hr. ****p < 0.001 vs. untreated cell; ####p < 0.001 vs. BCAAem and B2.

Detailed description of preferred embodiments

In the following description, numerous specific details are given to provide a thorough understanding of embodiments. The embodiments can be practiced without one or more of the specific details, or with other methods, components, materials, etc. In other instances, well-known structures, materials, or operations are not shown or described in detail to avoid obscuring aspects of the embodiments.

Reference throughout this specification to "one embodiment" or "an embodiment" means that a particular feature, structure, or characteristic described in connection with the embodiment is included in at least one embodiment. Thus, the appearances of the phrases "in one embodiment" or "in an embodiment" in various places throughout this specification are not necessarily all referring to the same embodiment. Furthermore, the particular features, structures, or characteristics may be combined in any suitable manner in one or more embodiments. The headings provided herein are for convenience only and do not interpret the scope or meaning of the embodiments.

The composition herein disclosed comprises an active agent, the active agent containing the amino acids leucine, isoleucine, valine, threonine, lysine and the acids citric acid, succinic acid, malic acid.

A composition comprising amino acids – as disclosed in EP 2 196 203 B1 - was administrated in mammals as alternative solution to provide benefits of calory restriction (CR); such based amino acid composition (referred to as "BCAAem" in the instant disclosure) has been shown to lead an increased mitochondrial biogenesis both in cardiac and skeletal muscles (D'Antona et al., 2010). These effects were mediated by expression of endothelial nitric oxide synthase (eNOS) and consequent nitric oxide (NO)

production (D'Antona et al., 2010).

The Inventor of the instant application surprisingly found that by adding specific acids to a composition comprising a similar combination of leucine, isoleucine, valine, threonine and lysine a significant increase in cell mitochondrial function occurs.

The Inventor of the instant application tested a number of compositions different in terms of acids contained therein and found that compositions comprising as active agent citric acid, succinic acid and malic acid in combination with leucine, isoleucine, valine, threonine and lysine are very effective for the indicated purposes. Indeed, compositions comprising the above stated active agent as well as compositions comprising the above stated active agent including further specific amino acids (listed in Table 1 below) are significantly more effective than the previously tested amino acids based composition (BCAAm) in promoting mitochondrial biogenesis and function.

The compositions were tested on Cardiac Muscle Cell Line (HL-1), i.e. cells representing an *in vitro* model of the cardiac functionality. Results deriving from analysis of these cardiomyocytes may be used to verify the efficacy of new compositions in the prevention of the heart failure.

In one or more embodiments, the composition herein disclosed comprises an active agent, said active agent containing citric acid, succinic acid and malic acid in combination with leucine, isoleucine, valine, threonine, lysine, wherein the weight ratio between the total amount of citric acid, succinic acid and malic acid and the total amount of the amino acids leucine, isoleucine, valine, threonine, lysine is comprised between 0.05 and 0.3, preferably between 0.1 and 0.25.

In one or more embodiments, the active agent may further comprise one or more amino acids selected in the group consisting of histidine, phenylalanine, methionine, tryptophan, cysteine, tyrosine.

In a further embodiment, the active agent of the composition herein disclosed may also include aspartic acid and/or ornithine L-alpha ketoglutarate (OKG).

According to an embodiment, the composition comprises an active agent, the active agent consisting of leucine, isoleucine, valine, threonine, lysine, histidine, phenylalanine, methionine, tryptophan, cysteine and optionally tyrosine, as well as citric acid, succinic acid and malic acid, said amino acids being the sole amino acids contained in the composition.

In a further embodiment, the composition may comprise the amino acids isoleucine, leucine and valine in an amount between 35% and 65% by weight, preferably between 42% and 56% by weight with respect to the active agent weight.

In one or more embodiments, the weight ratio between leucine and citric acid is comprised between 5 and 1, preferably between 2.50 and 3.50.

In a further embodiment, the weight or molar amount of citric acid is higher than the weight or molar amount of each of malic acid and succinic acid. Preferably, the weight or molar amount of citric acid is higher than the weight or molar overall amount of malic acid plus succinic acid. In a further embodiment, the weight ratio between citric acid and the sum of malic acid and succinic acid is comprised between 1.0 and 4.0, preferably between 1.5 and 2.5. In a preferred embodiment, the citric acid:malic acid:succinic acid weight ratio is comprised between 10:1:1 and 2:1.5:1.5, preferably between 7:1:1 and 1.5:1:1, more preferably

between 5:1:1 and 3:1:1. In a preferred embodiment the citric acid:malic acid:succinic acid weight ratio is 4:1:1.

According to some embodiments of the present disclosure, the preferred isoleucine:leucine molar ratio is comprised in the range 0.2-0.7, preferably in the range 0.30-0.60 and/or the preferred valine:leucine weight ratio is comprised in the range 0.2-0.70, preferably in the range 0.30-0.65.

In a further embodiment, the threonine:leucine molar ratio is comprised in the range of 0.10-0.90, preferably in the range 0.20-0.70 and/or the lysine:leucine weight ratio is comprised in the range of 0.20-1.00, preferably in the range 0.40-0.90.

In a preferred embodiment, the ratio between the overall molar amount of citric acid, malic acid, succinic acid and the overall molar amount of methionine, phenylalanine, histidine and tryptophan is higher than 1.35.

In one or more embodiments, the weight ratio between the sum of citric acid, malic acid, succinic acid and the sum of the branched chain amino acids leucine, isoleucine, valine is comprised between 0.1 and 0.4, preferably between 0.15 and 0.35.

In a further embodiment, the overall weight amount of the branched chain amino acids leucine, isoleucine, valine plus threonine and lysine is higher than the overall weight amount of the three acids citric acid, malic acid, succinic acid. Preferably, the weight amount of the single acids (citric acid, succinic acid or malic acid) is less than the weight amount of each of the single amino acids leucine, isoleucine, valine, threonine and lysine.

In a further embodiment, the overall molar amount of lysine and threonine is higher than the overall

molar amount of the three acids citric acid, succinic acid, malic acid. Preferably, the ratio between the overall molar amount of the three acids citric acid, succinic acid, malic acid and the overall molar amount of lysine and threonine is comprised between 0.1 and 0.7, preferably between 0.15 and 0.55.

In one or more embodiments, the composition herein disclosed further comprises vitamins, preferably selected in the group of vitamins B, such as vitamin B_1 and/or vitamin B_6.

In a further embodiment of the present disclosure, the composition may include carbohydrates, additives and/or flavouring substances.

Furthermore, in particular when preparing the compositions according to the instant disclosure, and specifically the active agent, the amino acid arginine is preferably avoided.

In addition, further amino acids preferably excluded by the composition herein disclosed are serine, proline, alanine.

Such amino acids can be counterproductive or even harmful in some concentrations or stoichiometric ratios within the composition.

The amino acids disclosed in the instant description can be replaced by respective pharmaceutically acceptable derivatives, namely salts.

In one or more embodiment, the compositions herein disclosed is intended for a use in medicine.

As will emerge clearly hereinafter, the administration of the compositions according to the present disclosure is particularly effective in promoting mitochondrial biogenesis and mitochondrial function.

In a preferred embodiment, the disclosed compositions may be used in the treatment and/or

prevention of a mitochondrial dysfunction-related disease selected between sarcopenia and hearth failure.

In another preferred embodiment, the compositions herein disclosed may be used in the treatment and/or prevention of a mitochondrial dysfunction-related neurodegenerative diseases, preferably selected among Alzheimer's disease, Parkinson's disease and Huntington's disease.

In a further embodiment, the compositions may be used in the treatment and/or prevention of a mitochondrial dysfunction-related disease selected in the group consisting of atherosclerosis, type 2 diabetes, kidney diseases, COPD and osteoporosis.

In one or more embodiments, the composition may be used in the treatment and/or prevention of malnutrition clinical situations, especially in the treatment and/or prevention of protein malnutrition and cachexia.

According to a further embodiment, the amino acid compositions may comprise pharmaceutically acceptable excipients, like for example proteins, vitamins, carbohydrates, natural and artificial sweeteners and/or flavoring substances. In a preferred embodiment, the pharmaceutically acceptable excipients may be selected from whey proteins, maltodextrins, fructose, calcium caseinate, fish oil, citric acid or salts thereof, sucralose, sucrose esters, vitamin D3, group B vitamins.

For oral use, the compositions according to the description may be in the form of tablets, capsules, granules, gel, gelable powder, powder.

Further specifications, in terms of amounts and ratios among the various amino acids provided for by the compositions are contained in the attached claims, which form an integral part of the technical teaching provided herein in relation to the invention.

EXAMPLES

Table 1 shows different amino acid based compositions tested on HL-1 cells as disclosed below.

Specifically, the BCAAem composition is the composition disclosed in EP 2 196 203 B1.

The composition named "B2" has as active agent a combination of amino acids similar to that of the BCAAem composition but further including citric acid. Such a composition also comprises vitamins B1 and B6.

The compositions named alpha 5 (α5), alpha 6 (α6), alpha 7 (α7) comprise an active agent containing amino acids and citric acid, succinic acid and malic acid. In addition, the alpha 7 composition's active agent also comprises OKG (ornithine L-α ketoglutarate) and the amino acid aspartate (Acid L-aspartic).

Table 1

Compositions (%)	BCAAem	B2	α5	α6	α7
L-Leucine	30,01	25,9555	31,0885	22,4500	21,7188
L-Lysine HCl chlorhydrate	19,58	16,9346	16,903	21,1300	20,4380
L-Isoleucine	15	12,9778	10,3628	11,2300	10,8594
L-Valine	15	12,9778	10,3628	11,2300	10,8594
L-Threonine	8,4	7,2675	7,254	13,1000	12,6693
L-Cysteine	3,6	3,1147	3,1089	2,8100	2,7149
L-Histidine	3,6	3,1147	3,1089	2,8100	2,7149
L-Phenylalanine	2,4	2,0764	2,0726	1,8700	1,8099
L-Methionine	1,2	1,0382	1,0363	0,9400	0,9050
L-Tyrosine	0,72	0,6229	0,6218	-	-
L-Tryptophan	0,48	0,4153	2,0726	0,9400	0,9050
OKG(ornithine L-α ketoglutarate)	-	-	-	-	0,9050

Vitamin B1 (thiamine chlorhydrate)	-	0,004	0,004	0,0200	0,0163
Vitamin B6 (piridoxine chlorhydrate)	-	0,0038	0,0038	0,0200	0,0186
Citric acid anhydrous	-	13,4969	8,0001	7,6500	7,4025
Malic acid	-	-	2,0000	1,9200	1,8551
Acid L-aspartic	-	-	-	-	2,3529
Succinic acid	-	-	2,0000	1,9200	1,8551
Ratio Leucine:Isoleucine:Valine	2:1:1	2:1:1	3:1:1	2:1:1	2:1:1

The compositions of Table 1 above may be prepared first by sifting all the components with a 0.8 mesh. To obtain a pre-mixture, each ingredient (in an amount <10% by weight of the total amount) is put in a polyethylene bag together with a portion of L-lysine HCl so as to obtain 10% of the weight of the total composition. The bag is then manually shaken for 5 minutes. The pre-mixture is then loaded in a mixer (Planetaria) together with the remainder of the ingredients and mixed for a period of 15 minutes at 120 rpm to obtain a homogeneous final composition.

The compositions listed in Table 1 have been administered to HL-1 cardiomyocytes and the mitochondrial function has been evaluated as disclosed hereinafter.

METHODS

Cells and treatments

HL-1 cardiomyocytes (a gift from W.C. Claycomb, New Orleans, School of Medicine) were plated in fibronectin/gelatin-coated flasks, grown to 70%-80% confluence in Claycomb medium (JRH Biosciences) supplemented with 100 µM norepinephrine (from a 10 mM norepinephrine [Sigma-Aldrich] stock solution dissolved in 30 mM L-ascorbic acid [Sigma-Aldrich]), 2 mM L-

glutamine, 100 U/ml penicillin, 100 µg/ml streptomycin and 10% FBS (JRH Biosciences) as disclosed in Claycomb et al., 1998.

Cells were treated with 1% (w/v) of the compositions (dissolved in the Claycomb medium) shown in Table 1 for 24 hr or 48 hr.

At the end of these periods, mRNA and DNA were extracted from the cells or the cells were used to evaluate the oxygen consumption. Control cells were treated with Claycomb medium only.

Gene Expression and Mitochondrial Biogenesis Methods

Total RNA was isolated from HL-1 cardiomyocytes using the RNeasy Mini Kit (Qiagen); one microgram of total RNA was reverse transcribed in cDNA using the iScript cDNA Synthesis Kit (Bio-Rad Laboratories) as described in D'Antona et al. (2010).

The gene relative level was calculated as 2^{-DDCT}, in which DDCT corresponded to the difference between the DCT of either treatment and the DCT of the untreated group using GAPDH as internal control. The Delta-Delta-CT (DDCT) algorithm is an approximation method to determine relative gene expression with quantitative real-time PCR (qRT-PCR) experiments (see Livak and Schmittgen, 2001).

Primers (sequence reported in Table 2 below) were designed using Beacon Designer 2.6 software (Premier Biosoft International). Values were normalized with the expression of Glyceraldehyde 3-phosphate dehydrogenase (GAPDH).

Table 2

Gene	**Primer**	**Sequence**	SEQ ID.	**T_a**
GAPDH	Sense 5'-3'	AACTTTGGCATTGTGGAAGG	No.1	60
	Antisense 5'-3'	ACACATTGGGGGTAGGAACA	No.2	

Cyt c	Sense 5′-3′	ATAGGGGCATGTCACCTCAAAC	No.3	61
	Antisense 5′-3′	GTGGTTAGCCATGACCTGAAAG	No.4	
PGC-1α	Sense 5′-3′	ACTATGAATCAAGCCACTACAGAC	No.5	61
	Antisense 5′-3′	TTCATCCCTCTTGAGCCTTTCG	No.6	
Tfam	Sense 5′-3′	AAGACCTCGTTCAGCATATAACATT	No.7	60
	Antisense 5′-3′	TTTTCCAAGCCTCATTTACAAGC	No.8	
KFL15	Sense 5′-3′	ACACCAAGAGCAGCCACCTCA	No.9	60
	Antisense 5′-3′	TGAGATCGCCGGTGCCTTGA	No.10	
PP2CM	Sense 5′-3′	ACCACAGGCAGGCGACTC	No.11	60
	Antisense 5′-3′	TGGCTCATCAATGCGGTTATCC	No.12	
mtDNA (12SrRNA)	Sense 5′-3′	ACATGCAAACCTCCATAGACCGG	No.13	63
	Antisense 5′-3′	TCACTGCTGAGTCCCGTGGG	No.14	
gDNA (GAPDH)	Sense 5′-3′	GGTCGCGGTGTGGGCATTTG	No.15	60
	Antisense 5′-3′	CGTGATCGTAGCGTCTGGTT	No.16	

T_a temperature of annealing (°C); Accession number GAPDH: NM_008084.3; Accession number Cyt c: NM_007808; Accession number PGC-1α: AF049330; Accession number Tfam: NM_009360.4; Accession number KFL15: NM_023184.4; Accession number PP2CM: NM_175523.4; Mus musculus Mitochondrial, complete genome: NC_005089.1; gDNA (GAPDH): NC_000072.6; Primers code for 12S mitochondrial rRNA (NC_005098.1). GAPDH was used to normalize mitochondrial DNA.

For mitochondrial DNA (mtDNA) analysis, total DNA was extracted with QIAamp DNA extraction kit (QIAGEN).

mtDNA was amplified using primers specific for the mitochondrial DNA (mtDNA) gene and normalized to genomic DNA by amplification of GAPDH gene DNA. Primers, designed using Beacon Designer 2.6 software (Premier Biosoft International; Palo Alto, CA) are shown in Table 2 for gDNA.

Statistical Analysis

For all gene expression data, two-sided paired-sample t tests were used to compare values between control and treated cells. A p value <0.05 was considered statistically significant.

Oxygen consumption

An amount of 1 ml of HL-1 cardiomyocytes treated with the compositions shown in Table 1 was re-suspended in Hank's balanced salt solution (Sigma) and spun down to pellet cells. A number of HL-1 cells was also supplemented with a nitic oxide (NO) donor, specifically with diethylenetriamine-NO also called (DETA-NO; Sigma-Aldrich, Milan, Italy), as positive control.

Then, cells were re-suspended in a respiration buffer (0.3 M mannitol, 10 mM KCl, 5 mM MgCl2, 10 mM K2PO4, pH 7.4) at a density of 3.0×10^6/ml.

Samples were analyzed at 37°C in a gas-tight vessel equipped with a Clark-type oxygen electrode (Rank Brothers Ltd.) connected to a chart recorder.

The oxygen electrode was calibrated assuming the concentration of oxygen in the incubation medium as 200 µmol/l at 37°C.

Oxygen consumption was assessed with continuous mixing for about ten minutes. The slope of the trace recorder was then used to calculate oxygen consumption. Oxygen content may vary depending on the amount of cells. Thus, protein content, which directly correlates with cell content, has been used to normalize the oxygen consumption in cell samples. Protein content was determined by using the bicinchoninic acid protein (BCA) assay.

RESULTS

Mitochondrial DNA (mtDNA)

The mitochondrial DNA (mtDNA) was first evaluated in the cells treated with the different amino acid compositions in order to verify their effects on mitochondrial mass.

As shown in Fig.1, HL-1 cardiomyocytes treated with α5 composition showed the most significant

increase in mtDNA with respect to the mtDNA evaluated in control cells (CT), in B2-treated cells and, very interestingly, in cells treated with the BCAAem composition.

PGC-1α, Tfam and Cyt c

The effect of the different amino acid compositions was also tested on mitochondrial biogenesis. Specifically, the expression by HL-1 cardiomyocytes of the following markers was evaluated:

- peroxisome proliferator-activated receptor gamma coactivator 1-alpha (PGC-1α), the master regulator of mitochondrial biogenesis,
- mitochondrial DNA transcription factor A (Tfam), the mtDNA transcription factor regulating mtDNA replication,
- cytochrome complex (Cyt c), the respiratory complex protein.

Comparison between the results obtained following the administration of the BCAAem composition, the B2 composition (i.e. the composition similar to the BCAAem composition but also comprising citric acid), α5 (i.e. the composition comprising as active agent other than amino acids also the acids citric acid, succinic acid, malic acid) showed that the α5 composition was the most effective in promoting the expression of the above markers in HL-1 cardiomyocytes cells.

Moreover, a time-course effect was observed: after a supplementation of 48 hr with α5 composition comprising amino acids listed in Table 1 together with the three carboxylic indicated acids indeed the increase was still more pronounced over the basal values.

The increase was also statistically significant with respect to the value of the BCAAem composition for Tfam when compared to 24 hr treatment (Fig. 2) and for

PGC-1α and for Cyt c after 48 h treatment (Fig. 3).

KFL15 and PP2CM

Krüppel-like factor 15 (KFL15) and mitochondrial matrix-targeted protein phosphatase 2C family member (PP2CM) are proteins that regulate the catabolism of the branched chain amino acids (BCAA).

The first steps in BCAA catabolism are common to the three BCAAs and require the mitochondrial enzymes BCAA aminotransferase (BCAT) and branched-chain α-keto acid dehydrogenase complex (BCKDC).

In the first and fully reversible step of degradation, mitochondrial BCAT transfers the amino group from BCAAs to α-ketoglutarate to form the corresponding branched-chain α-keto acids (BCKAs) and glutamate.

Thereafter, BCKDC catalyses decarboxylation of the carboxyl groups of BCKAs, to form the corresponding branched-chain acyl-CoA esters.

This reaction is irreversible and, therefore, commits the BCAAs to degradation.

BCKDC activity is regulated by end-product allosteric inhibition by NADH, α-ketoisocaproate and branched-chain acyl-CoA esters.

BCKDC activity is determined by the phosphorylation status of its regulatory subunit E1a.

When the BCAA level is low, E1a is hyper-phosphorylated by a BCKD kinase, leading to inhibition of BCKDC activity and preservation of free BCAA.

When the BCAA level is high, E1a is dephosphorylated by a mitochondrial-targeted 2C-type Ser/Thr protein phosphatase named PP2C in mitochondria (PP2CM) or protein phosphatase, Mg2+/Mn2+ dependent 1K (PPM1K), leading to BCKDC activation and reducing total BCAAs (Bifari and Nisoli, 2016).

In addition, KLF15 was found to increase BCAT, BCKDC, and PP2CM gene expression in heart (Sun et al., 2016).

The evaluation of the mRNA levels of PP2CM and KFL15 showed that α5 composition increased PP2CM and KLF15 mRNA levels over the basal value in HL-1 cardiomyocytes. The increase was significant even over BCAAem composition (Fig. 4)

These results shows that compositions comprising an active agent, the active agent containing leucine, isoleucine, valine, threonine, lysine and citric acid, succinic acid and malic acid, are very effective in promoting mitochondrial function and activate more efficiently mitochondrial biogenesis even with respect to the BCAAem composition in metabolically active cells.

Oxygen consumption (OCR)

Oxygen consumption of HL-1 cells supplemented with different compositions was tested. Cells supplemented with diethylenetriamine-NO (DETA-NO) as positive control were also tested. The effect of DETA-NO on increasing the cell oxygen consumption has been shown (Nisoli et al., 2003). NO was found to trigger mitochondrial biogenesis in cells as diverse as brown adipocytes and 3T3-L1, U937, and HeLa cells. This effect of nitric oxide was dependent on cyclic guanosine 3',5'-monophosphate (cGMP) and was mediated by the induction of PGC-1α, a master regulator of mitochondrial biogenesis (Nisoli et al., 2003).

After 48h of DETA-NO treatment, a rise of oxygen consumption was observed, as expected.

Most notably, a markedly increase in oxygen consumption was observed when HL-1 cells were supplemented with α5 composition for 48 hr thus indicating a rise in mitochondrial activity (Fig. 5).

The increase is significantly higher than that observed after B2 and BCAAem compositions administration.

Taken together, these results indicate that compositions comprising as active agent a combination of leucine, isoleucine, valine, threonine, lysine, citric acid, succinic acid and malic acid is significantly more active in promoting mitochondrial biogenesis, mitochondrial function and BCAA catabolism in HL-1 cardiomyocytes.

The composition alpha 6 (α6) and alpha 7 (α7), providing for an active ingredient comprising the BCAAs, threonine and lysine, as well as citric acid, succinic acid and malic acid are believed to attain similar advantages.

Of note, catabolism of BCAA, which are enriched in the mixture, in addition to Acetyl-CoA, provides succinyl-CoA. This latter could activate succinyl-CoA synthetase reaction, which, in turn produces succinate as a substrate for the subsequent reaction of succinate dehydrogenase.

Providing succinate, along with BCAA, in the mixture could therefore also stimulate the succinate dehydrogenase reaction, thus further boosting the cycle. Of note, succinate dehydrogenase, by directly providing $FADH_2$, is also part of mitochondrial electron transport chain (complex II). Its stimulation by succinate could therefore directly activate mitochondrial redox carriers and increase membrane potential, thus enhancing proton gradient, oxygen consumption and ATP synthesis.

At the same time, malate supplement could activate malate dehydrogenase reaction and increase NADH levels; this would also provide substrates for complex I and therefore increase ATP levels, in the same manner as

succinate-derived $FADH_2$. On the other hand, malate could stimulate the activity of malate-aspartate shuttle. This would favour the entry of also cytosolic NADH into mitochondria, which would otherwise be impermeable through mitochondrial membrane, thus rendering it available for mitochondrial oxidation. This would further increase mitochondrial activity and oxygen consumption.

From the foregoing, it emerges clearly how the compositions according to the instant disclosure are useful for the treatment of pathological conditions distinguished by insufficient mitochondrial function in humans and in animals.

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CLAIMS

1. Composition for promoting mitochondrial biogenesis and improving mitochondrial function in a subject, the composition comprising an active agent, said active agent containing the amino acids leucine, isoleucine, valine, threonine, lysine and citric acid, succinic acid, malic acid,

wherein the citric acid:malic acid:succinic acid weight ratio is comprised between 10:1:1 and 2:1.5:1.5, preferably between 7:1:1 and 1.5:1:1, more preferably between 5:1:1 and 3:1:1.

2. Composition according to claim 1, wherein the weight ratio between the sum of citric acid, malic acid, succinic acid and the sum of the branched chain amino acids leucine, isoleucine, valine plus lysine and threonine is comprised between 0.05 and 0.3, preferably between 0.1 and 0.25.

3. Composition according to any one of the preceding claims, wherein the weight ratio between the overall amount of citric acid, malic acid, succinic acid and the overall amount of the branched chain amino acids leucine, isoleucine, valine is comprised between 0.1 and 0.4, preferably between 0.15 and 0.35.

4. Composition according to any one of the preceding claims, wherein the weight ratio between citric acid and the sum of malic acid and succinic acid is comprised between 1.0 and 4.0, preferably between 1.5 and 2.5.

5. Composition according to any one of the preceding claims, wherein said active agent further

comprises at least one amino acid selected in the group consisting of histidine, phenylalanine, methionine, tryptophan, tyrosine, cysteine.

6. Composition according to any one of the preceding claims, wherein said active agent further comprises histidine, phenylalanine, methionine, tryptophan, cysteine and optionally tyrosine.

7. Composition according to any one of the preceding claims, wherein the ratio between the overall molar amount of citric acid, malic acid, succinic acid and the overall molar amount of methionine, phenylalanine, histidine and tryptophan is higher than 1.35.

8. Composition according to any one of the preceding claims, wherein the ratio between the overall molar amount of the three acids citric acid, succinic acid, malic acid and the overall molar amount of lysine and threonine is comprised between 0.10 and 0.70, preferably between 0.15 and 0.55.

9. Composition according to any one of the preceding claims, wherein the weight or molar amount of citric acid is higher than the overall weight or molar amount of both malic acid and succinic acid.

10. Composition according to any one of the preceding claims, wherein the weight ratio between leucine and citric acid is comprised between 5 and 1, preferably between 2.50 and 3.50.

11. Composition according to any one of the preceding claims, wherein said active agent is free of

arginine.

12. Composition according to any one of the preceding claims, wherein the composition further comprises one or more vitamins, preferably selected in the group of vitamins B, more preferably vitamin B1 and/or vitamin B6.

13. Composition according to any one of claims 1 to 12, for use in medicine.

14. Composition according to any one of claims 1 to 13, for use in the treatment and/or prevention of a mitochondrial dysfunction-related disease selected from sarcopenia and heart failure.