COMMUNICATION METHOD AND APPARATUS

ABSTRACT

A communication method and apparatus are provided. In the communication method, a terminal may receive first information from a network device, and learn from the first information that the terminal is to receive an SSB in a first secondary cell (that is, a secondary cell configured by the network device for the terminal). Accordingly, the terminal may receive the SSB in the first secondary cell based on the first information. In other words, the terminal receives the SSB in the first secondary cell only when the first information indicates that the terminal is to receive the SSB in the first secondary cell, thereby reducing power consumption of the terminal. Similarly, the network device does not need to continuously send the SSB in the first secondary cell. For example, the network device sends the SSB in the first secondary cell when or after sending the first information to the terminal. In this way, power consumption of the network device can be reduced.

FIG. 5