

EDIBLE OIL/FAT IN WHICH GLYCIDOL CONTENT AND GLYCIDOL FATTY
ACID ESTER CONTENT ARE REDUCED, AND METHOD FOR
MANUFACTURING SAID EDIBLE OIL/FAT

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[ABSTRACT]

The present invention addresses the problem of providing an oil/fat in which the glycidol content and glycidol fatty acid ester content are reduced. A method for manufacturing an edible fat/oil, wherein a step for decolorizing and deodorizing an oil/fat that contains a palm-based oil/fat, in which physically refined palm oil (RBDPO) is used as a raw material, includes a step for performing an acid-induced contacting process during a decolorization work step.

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