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(72) Inventor; and

(71) Applicant: **KAMPRAD, Joachim** [DE/DE]; Droste-Hülshoff-Str. 102, 48431 Rheine (DE).

(74) Agent: **DOMPATENT VON KREISLER SELTING WERNER - PARTNERSCHAFT VON PATENTANWÄLTEN UND RECHTSANWÄLTEN MBB**; Deichmannhaus am Dom, Bahnhofsvorplatz 1, 50667 Köln (DE).

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(54) Title: PHARMACEUTICAL COMPOSITION AND MEDICAMENT COMPRISING L-TRYPTOPHAN, L-5-HYDROXYTRYPTOPHAN AND A PERIPHERAL DEGRADATION INHIBITOR

(57) Abstract: The present invention relates to the simultaneous use of L-tryptophan (L-Try) and L-5-hydroxytryptophan (5-HTP) and a peripheral degradation inhibitor for the prevention and therapy of pain, depression, sleeping disorders and other serotonin-dependent diseases or disorders of the CNS. All the components of the medicament are supposed to be released together. Carbidopa and/or benserazide are to be used as said peripheral degradation inhibitors for the tryptophan and the 5-hydroxytryptophan.

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