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(54) Title: COMPOSITIONS AND METHODS FOR PROSTATE AND KIDNEY HEALTH AND DISORDERS, AN HERBAL PREPARATION

(57) Abstract: A composition including an aliquot of the herb *Herba Epimedii*; and an aliquot of at least three supplemental herbs selected from the group consisting of *Fructus Rosae Laevigatae; Fructus Rubi; Fructus Psoralea; Radix Morindae Officinalis; Fructus Schisandrac Chinensis; Fructus Ligustri Lucidi;; Semen Cuscutae; and Radix Astragali*. A composition including icariin; ursolic acid; psoralen; deoxyschizandrin; oleanolic acid; quercetin; aslvagaloside; and an extract of the herb*Radix Morindae Officinalis*. Methods including administering a composition directed at treatment of various kidney disorders or the promotion of kidney health and to the overall health of the kidney, including the use of a composition in the treatment of prostate cancer, prophylactic prostate health, reduction of polyuria, incontinence, proteinuria, as well as for sexual satisfaction.