19. The composition according to Claim 18, wherein the composition further comprises a hydroxypyrone compound, such as maltol, ethyl maltol and mixtures thereof.

20. The composition according to Claim 18 or Claim 19, wherein the composition is in the form of a solid, such as, for example, a powder, capsule or tablet.

21. The composition according to any one of Claims 18 to 20, wherein the iron hydroxide is present in the composition in an amount of less than 10 wt.% based on the weight of the composition, such as from 0.01 to 2 wt.%.

22. A composition according to any one of Claims 18 to 21, for use in medicine.

23. A composition according to any one of Claims 18 to 22, for use in treating and/or preventing anaemia, or for increasing the level of iron in a subject's bloodstream.

24. Use of the according to any one of claims 18-22 in the manufacture of a medicament for treating and/or preventing anaemia, or for increasing the level of iron in a subject's bloodstream.