CLAIMS

1. A formwork support system comprising:

at least one stackable truss frame, wherein the at least one stackable truss frame comprises a lifting means engagement adapted for allowing the at least one stackable truss frame to be lifted by a lifting means in use, wherein the lifting means engagement is adapted for allowing the lateral engagement of the lifting means in use.

2. A formwork support system as claimed in claim 1, wherein lifting means engagement is adapted for engaging forks of a forklift in use.

3. A formwork support system as claimed in claim 1, further comprising a height adjustable landing means adapted to engage the at least one stackable truss frame, wherein the height adjustable landing means is configurable between a lowered configuration and a raised configuration.

4. A formwork support system as claimed in claim 3, wherein the height adjustable landing means comprises at least one height adjustable landing leg.

5. A formwork support system as claimed in claim 4, wherein the at least one height adjustable landing leg is telescopic.

6. A formwork support system as claimed in claim 4, wherein the at least one height adjustable landing leg further comprises a geared height adjusting mechanism.

7. A formwork support system as claimed in claim 6, wherein the geared height adjusting mechanism comprises a winch handle.

8. A formwork support system as claimed in claim 1, wherein the at least one stackable truss frame further comprises a complimentary mechanical interlock adapted for engaging another complimentary mechanical interlock of another stackable truss frame in use.

9. A formwork support system as claimed in claim 8, wherein the complimentary mechanical interlock is adapted for a male and female mechanical interlock.

10. A formwork support system as claimed in claim 1, further comprising a formwork table adapted for engaging the at least one stackable truss frame.

11. A formwork support system as claimed in claim 10, wherein the formwork table comprises joists spaced apart so as to allow for lifting means engagement.

12. A formwork support system as claimed in claim 3, wherein the at least one stackable truss frame further comprises a complimentary mechanical interlock adapted for engaging another complimentary mechanical interlock of another stackable truss frame in use.

13. A formwork support system as claimed in claim 12, further comprising a formwork table adapted for engaging the at least one stackable truss frame.

14. A method for erecting a formwork support system comprising at least one stackable truss frame, the method comprising:

engaging a lifting means engagement of the least one stackable truss frame using a lifting means; and

lifting the at least one stackable truss frame.

wherein the lifting means engagement is adapted for allowing the lateral engagement of the lifting means during the engaging step.

15. A method according to claim 14, wherein the at least one stackable truss frame is stacked on top of another at least one stackable truss frame after the lifting step to form a formwork support system of a specific height.

16. A method for erecting a formwork support system according to claim 14 or 15, wherein the lifting means is adapted to lift the stackable truss frame for the purpose of forming a stack comprising two or more stackable truss frame.

17. A method according to any one of claims 14 to 16, wherein the method further comprises the step of adjusting the height of the resulting formwork support system using a height adjustable landing means.

18. A method according to any one of claims 14 to 17, wherein the method further comprises the step of providing a formwork table atop the uppermost stackable truss frame.

19. A method according to claim 18, wherein the formwork table comprises joists spaced apart so as to allow for engagement by a lifting means in use.

20. A method according to claim 19, wherein the spaced apart joists are spaced apart in a manner to accommodate forks on a forklift in use.

21. A method according to claim 15 or 16, wherein the at least one stackable truss frame is of a different height relative to another at least one stackable truss frame.

22. A method according to claim 17, wherein the height adjustable landing means is adapted to account for sloping or uneven floor surfaces.

CLAIMS

1. A formwork support system comprising:

at least one stackable truss frame, wherein the at least one stackable truss frame comprises a lifting means engagement adapted for allowing the at least one stackable truss frame to be lifted by a lifting means in use, wherein the lifting means engagement is adapted for allowing the lateral engagement of the lifting means in use.

2. A formwork support system as claimed in claim 1, wherein lifting means engagement is adapted for engaging forks of a forklift in use.

3. A formwork support system as claimed in claim 1, further comprising a height adjustable landing means adapted to engage the at least one stackable truss frame, wherein the height adjustable landing means is configurable between a lowered configuration and a raised configuration.

4. A formwork support system as claimed in claim 3, wherein the height adjustable landing means comprises at least one height adjustable landing leg.

5. A formwork support system as claimed in claim 4, wherein the at least one height adjustable landing leg is telescopic.

6. A formwork support system as claimed in claim 4, wherein the at least one height adjustable landing leg further comprises a geared height adjusting mechanism.

7. A formwork support system as claimed in claim 6, wherein the geared height adjusting mechanism comprises a winch handle.

8. A formwork support system as claimed in claim 1, wherein the at least one stackable truss frame further comprises a complimentary mechanical interlock adapted for engaging another complimentary mechanical interlock of another stackable truss frame in use.

9. A formwork support system as claimed in claim 8, wherein the complimentary mechanical interlock is adapted for a male and female mechanical interlock.

10. A formwork support system as claimed in claim 1, further comprising a formwork table adapted for engaging the at least one stackable truss frame.

11. A formwork support system as claimed in claim 10, wherein the formwork table comprises joists spaced apart so as to allow for lifting means engagement.

12. A formwork support system as claimed in claim 3, wherein the at least one stackable truss frame further comprises a complimentary mechanical interlock adapted for engaging another complimentary mechanical interlock of another stackable truss frame in use.

13. A formwork support system as claimed in claim 12, further comprising a formwork table adapted for engaging the at least one stackable truss frame.

14. A method for erecting a formwork support system comprising at least one stackable truss frame, the method comprising:

engaging a lifting means engagement of the least one stackable truss frame using a lifting means; and

lifting the at least one stackable truss frame.

wherein the lifting means engagement is adapted for allowing the lateral engagement of the lifting means during the engaging step.

15. A method according to claim 14, wherein the at least one stackable truss frame is stacked on top of another at least one stackable truss frame after the lifting step to form a formwork support system of a specific height.

16. A method for erecting a formwork support system according to claim 14 or 15, wherein the lifting means is adapted to lift the stackable truss frame for the purpose of forming a stack comprising two or more stackable truss frame.

17. A method according to any one of claims 14 to 16, wherein the method further comprises the step of adjusting the height of the resulting formwork support system using a height adjustable landing means.

18. A method according to any one of claims 14 to 17, wherein the method further comprises the step of providing a formwork table atop the uppermost stackable truss frame.

19. A method according to claim 18, wherein the formwork table comprises joists spaced apart so as to allow for engagement by a lifting means in use.

20. A method according to claim 19, wherein the spaced apart joists are spaced apart in a manner to accommodate forks on a forklift in use.

21. A method according to claim 15 or 16, wherein the at least one stackable truss frame is of a different height relative to another at least one stackable truss frame.

22. A method according to claim 17, wherein the height adjustable landing means is adapted to account for sloping or uneven floor surfaces.