1. A soymilk composition, comprising:

a soymilk drink, made by using at least one kind of bean as a raw material; and

an additive having ascorbic acid ions, added into the soymilk drink;

wherein when the concentration of the ascorbic acid ions releasing into the soymilk drink by the additive is ranged from 25 mg/100ml to 50 mg/100ml, an iron-releasing promoting rate in human digestive system can reach to at least 389%.

2. The soymilk composition of Claim 1, wherein the additive having ascorbic acid ions is ascorbic acid.

3. The soymilk composition of claim 1, wherein the raw material is selected from the group consisting of: soybean and black bean.

4. The soymilk composition of Claim1, wherein the additive having the ascorbic acid ions is selected from the group consisting of ascorbic acid, salt of ascorbic acid, ascorbic acid stereoisomer, and salt of ascorbic acid stereoisomer.

5. The soymilk composition of claim 1, wherein the additive having the ascorbic acid ions is selected from the group consisting of: isoascorbic acid, calcium isoascorbate, sodium isoascorbate, zinc isoascorbate, and potassium isoascorbate.

## CLAIMS

1. A soymilk with vitamin C additive, being manufactured by way of adding an ascorbic acid into a drink made by using at least one kind of bean as the raw material, and the soymilk with vitamin C additive being helpful to increase the iron absorptivity in small intestine, wherein the additive dosage of the ascorbic acid is ranged from 25 mg/100ml to 50 mg/100ml.

2. The soymilk with vitamin C additive of Claim 1, wherein the ascorbic acid is obtained from native foods.

3. The soymilk with vitamin C additive of Claim 1, wherein the ascorbic acid is made by way of chemical synthesis.

4. The soymilk with vitamin C additive of Claim 1, wherein the bean is selected from the group consisting of: soybean and black bean.

5. The soymilk with vitamin C additive of Claim 1, capable of being added with an additive selected from the group consisting of: brown rice, milk, coffee, black tea, oats, and egg.

6. A soymilk with additive of vitamin C salts, being manufactured by way of adding an ascorbate into a drink made by using at least one kind of bean as the raw material, and the soymilk with vitamin C additive being helpful to increase the iron absorptivity in small intestine, wherein the equivalent dosage of the ascorbate ion provided by the ascorbate is ranged from 25 mg/100ml to 50 mg/100ml.

7. The soymilk with additive of vitamin C salts of Claim 6, wherein the ascorbate is obtained from the native food.

8. The soymilk with additive of vitamin C salts of Claim 6, wherein the ascorbate is made by way of chemical synthesis.

9. The soymilk with additive of vitamin C salts of Claim 6, wherein the

ascorbate is selected from the group consisting of: calcium ascorbate, sodium ascorbate, zinc ascorbate, and potassium ascorbate.

10. The soymilk with additive of vitamin C salts of Claim 6, wherein the bean is selected from the group consisting of: soybean and black bean.

11. The soymilk with additive of vitamin C salts of Claim 6, capable of being added with an additive selected from the group consisting of: brown rice, milk, coffee, black tea, oats, and egg.

12. A soymilk with additive of vitamin C stereoisomer, being manufactured by way of adding an ascorbic acid stereoisomer into a drink made by using at least one kind of bean as the raw material, and the soymilk with vitamin C additive being helpful to increase the iron absorptivity in small intestine, wherein the equivalent dosage of the ascorbate ion provided by the ascorbic acid stereoisomer is ranged from 25 mg/100ml to 50 mg/100ml.

13. The soymilk with additive of vitamin C stereoisomer of Claim 12, wherein the ascorbic acid stereoisomer is obtained from the native food.

14. The soymilk with additive of vitamin C stereoisomer of Claim 12, wherein the ascorbic acid stereoisomer is made by way of chemical synthesis.

15. The soymilk with additive of vitamin C stereoisomer of Claim 12, wherein the ascorbic acid stereoisomer is selected from the group consisting of: isoascorbic acid, calcium isoascorbate, sodium isoascorbate, zinc isoascorbate, and potassium isoascorbate.

16. The soymilk with additive of vitamin C stereoisomer of Claim 12, wherein the bean is selected from the group consisting of: soybean and black bean.

17. The soymilk with additive of vitamin C stereoisomer of Claim 12, capable of being added with an additive selected from the group consisting of: brown rice, milk, coffee, black tea, oats, and egg.