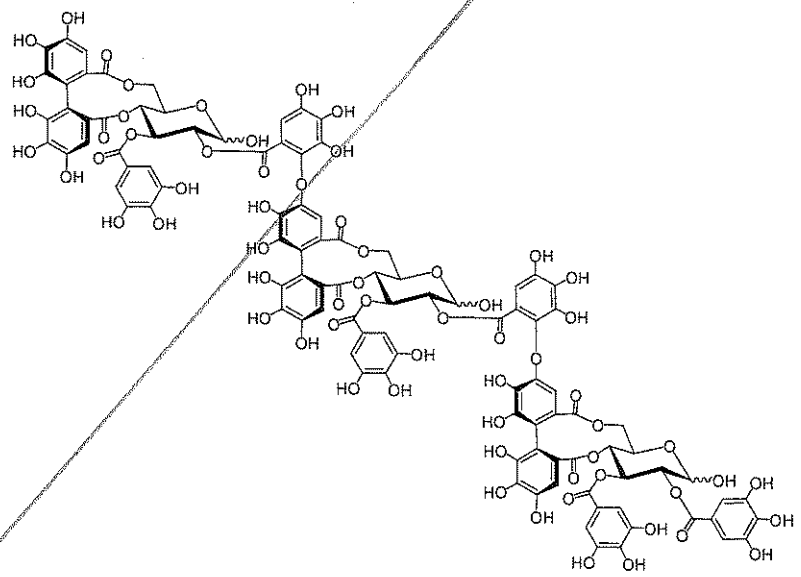
CLAIMS

1. A Maillard reaction inhibitor containing 50 to 90% by mass of polyphenol as an active ingredient.

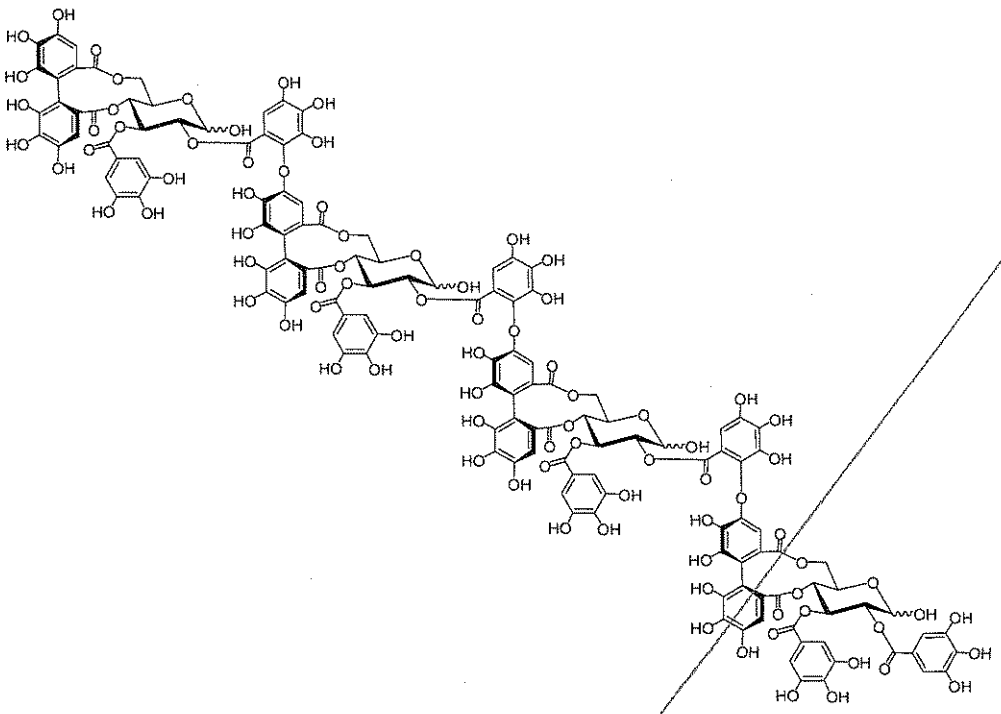
2. The Maillard reaction inhibitor according to claim 1, wherein the polyphenol includes 10 to 50% by mass of ellagitannin with respect to a total mass of the polyphenol.

3. The Maillard reaction inhibitor according to claim 2, wherein the ellagitannin comprises at least one compound selected from the group consisting of punicalin, punicalagin, oenotein B, eucarbanin B, punicacortein C, a compound represented by the following formula (VI):



(VI)

and a compound represented by the following formula (VII):



(VII).

4. The Maillard reaction inhibitor according to any one of claims 1 to 3, wherein the polyphenol is contained in the form of a polyphenol containing plant extract.

5. The Maillard reaction inhibitor according to claim 4, wherein the polyphenol containing plant extract is an extract derived from at least one plant selected from the group consisting of plants belonging to the genera *Punica*, *Quisqualis*, *Cistus*, *Terminalia*, and *Combretum*.

6. A skin anti-aging agent containing the Maillard reaction inhibitor according to any one of claims 1 to 5.

7. An anti-diabetic complication agent containing the Maillard reaction inhibitor according to any one of claims 1 to 5.

8. A food or beverage, to which the Maillard reaction inhibitor according

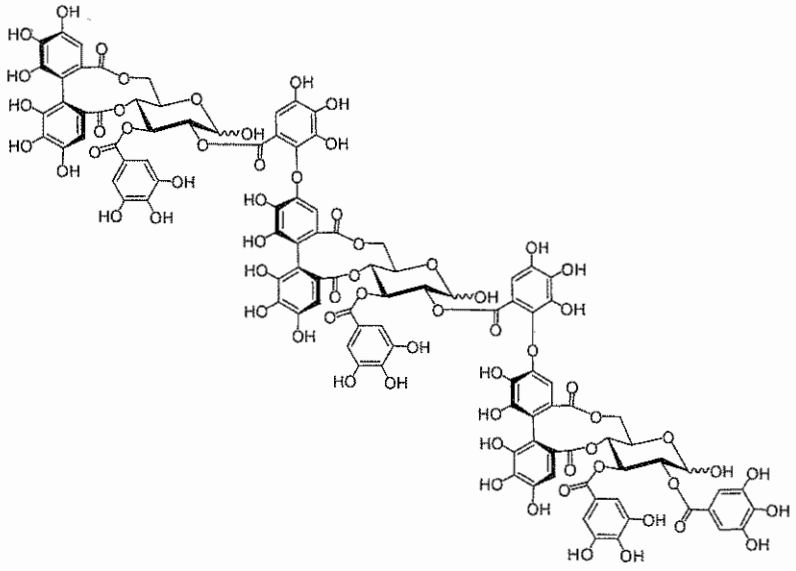
to any one of claims 1 to 5 is added.

9. An external preparation, to which the Maillard reaction inhibitor according to any one of claims 1 to 5 is added.

CLAIMS

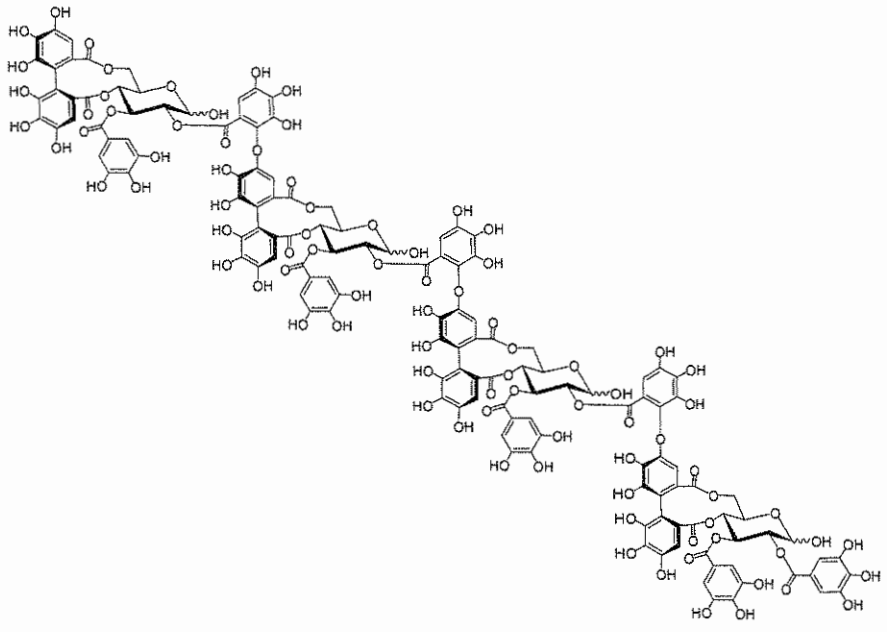
1. A Maillard reaction inhibitor containing ellagitannin as an active ingredient

wherein the ellagitannin is at least one compound selected from the group consisting of oenotein B, eucarbanin B, a compound represented by the following formula (VI):



(VI),

and a compound represented by the following formula (VII):



(VII).

2. The Maillard reaction inhibitor according to claim 1, wherein the ellagitannin is contained in the form of an ellagitannin containing plant extract.

3. The Maillard reaction inhibitor according to claim 2, wherein the ellagitannin containing plant extract is an extract derived from at least one plant selected from the group consisting of plants belonging to the genera *Punica*, *Quisqualis*, *Cistus*, *Terminalia*, and *Combretum*.

4. A skin anti-aging agent containing the Maillard reaction inhibitor according to any one of claims 1 to 3.

5. An anti-diabetic complication agent containing the Maillard reaction inhibitor according to any one of claims 1 to 3.

6. A food or beverage, to which the Maillard reaction inhibitor according to any one of claims 1 to 3 is added.

7. An external preparation, to which the Maillard reaction inhibitor according to any one of claims 1 to 3 is added.