coupling member is out of contact with said coupling guide.

8. A cartridge according to any one of Claims 1 - 7, wherein in a state that said cartridge is mounted to the main assembly, hole portion said coupling guide overlaps with each other.

9. A cartridge according to any one of Claims 1 - 8, further comprising an urging member for urging said coupling member so as to incline said free end portion toward said receiving portion.

10. A cartridge according to Claim 1, wherein said receiving portion includes a groove portion provided in said frame, and said cartridge further comprises an urging member for urging said coupling member so as to incline said free end portion toward said receiving portion, wherein said coupling member urged by said urging member is regulated in an attitude thereof by contact to a side surface of said groove portion.

11. A cartridge according to any one of Claims 1 - 2, wherein said frame further includes a projection projecting outwardly of said cartridge beyond said receiving portion, above said hole portion with respect to a direction of gravity.

12. A cartridge according to Claim 11, wherein in a state that said cartridge is mounted to the main assembly, projection receive an urging force from the main assembly.

13. A cartridge according to any one of Claims 1 - 12, wherein said coupling member is provided with a through-hole penetrating said connecting portion and

coupling member is out of contact with said coupling guide.

8. A cartridge according to any one of Claims 1 - 7, wherein in a state that said cartridge is mounted to the main assembly, said hole portion and said coupling guide overlap with each other.

9. A cartridge according to any one of Claims 1 - 8, further comprising an urging member for urging said coupling member so as to incline said free end portion toward said receiving portion.

10. A cartridge according to Claim 1, wherein said receiving portion includes a groove portion provided in said frame, and said cartridge further comprises an urging member for urging said coupling member so as to incline said free end portion toward said receiving portion, wherein said coupling member urged by said urging member is regulated in an attitude thereof by contact to a side surface of said groove portion.

11. A cartridge according to any one of Claims 1 - 2, wherein said frame further includes a projection projecting outwardly of said cartridge beyond said receiving portion, above said hole portion with respect to a direction of gravity.

12. A cartridge according to Claim 11, wherein in a state that said cartridge is mounted to the main assembly, projection receive an urging force from the main assembly.

13. A cartridge according to any one of Claims 1 - 12, wherein said coupling member is provided with a through-hole penetrating said connecting portion and