

Title: CONTROL DEVICE AND CONTROL METHOD

ABSTRACT

5 Provided are a control device and a control method capable of suppressing unnecessary
switching of air conditioning control, maintaining immediate responsiveness, and performing
stable air conditioning control without reducing comfort. The control device includes a
determination unit, a decision unit, a calculation unit, and a control unit. The determination unit
periodically determines a dressing amount of a person in a prescribed area. The decision unit
10 decides a change amount for changing a CLO value of prescribed area according to a change in
the dressing amount determined by the determination unit and, when an increase or decrease of
the dressing amount has been reversed, decides the CLO value by setting change amount to 0.
The calculation unit calculates a PMV of the prescribed area based on the CLO value decided by
the decision unit. The control unit controls an air conditioning device according to the PMV
15 calculated by the calculation unit.

FIG. 1