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(71) Applicant: **SOCIÉTÉ DES PRODUITS NESTLÉ S.A.**
[CH/CH]; Avenue Nestlé 55, 1800 Vevey (CH).

(72) Inventors: **CHRISTEN, Stefan**; Chemin de la Chiésaz 15, 1024 Ecublens (CH). **GODIN, Jean-Philippe**; Chemin de la Raye 11, 1024 Ecublens (CH). **SAKWINSKA, Olga**; Chemin de Noirmont 11, 1004 Lausanne (CH). **GINER, Maria Pilar**; Ch Vermont 18, 1006 Lausanne (CH). **SIEGWALD, Léa**; Le Grand Chemin 90, 1066 Epalinges (CH). **BOULANGE, Claire Laurence Lucie Marie**; Chemin des Chênes 3, 1610 Oron-la-Ville (CH).

(74) Agent: **CHAUTARD, Cécile**; Avenue Nestlé 55, 1800 VEVEY (CH).

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(54) Title: COMPOSITIONS AND METHODS FOR IMPROVING IMMUNE HEALTH

(57) Abstract: Methods and compositions improve immune health. A method for improving immune health includes administering to an individual in need thereof a composition comprising milk protein, preferably 20-40 % by dry weight of the composition; and a mixture of lactose, glucose, galactose and galactooligosaccharide, preferably 32-55% by dry weight of the composition. The mixture of lactose, glucose, galactose, and galactooligosaccharide can contain 0.1-30% by weight of the lactose, 8-40% by weight of 32-55% by dry weight of the glucose, 0.1-20% by weight of the galactose and 40-90% by weight of the galactooligosaccharide.

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