CLAIMS

[Claim 1]
A composition comprising a lactic acid bacterium which is *Lactococcus lactis* JCM5805 strain as an active ingredient, for suppressing bacterial abnormal growth in the skin,
and/or preventing deterioration of skin condition caused by the said bacterial abnormal growth or reducing recovery time of skin condition, by oral intake thereof, wherein the bacterium is selected from the group consisting of *Staphylococcus aureus*, *Staphylococcus epidermidis* and *Propionibacterium acnes*.

[Claim 2]
The composition according to claim 1, which is a food composition.

[Claim 3]
The composition according to claim 1, which is a pharmaceutical composition.

[Claim 4]
The composition according to claim 2 or 3, wherein the skin condition caused by bacterial abnormal growth is rough skin or dermatitis.

[Claim 5]
The composition according to claim 2 or 3, wherein the bacterium of which bacterial abnormal growth in the skin is suppressed is *Staphylococcus aureus*, and the skin condition caused by the said bacterial abnormal growth is selected from the group consisting of impetigo contagiosa, furuncle and carbuncle.

[Claim 6]
The composition according to claim 2 or 3, wherein the bacterium of which bacterial abnormal growth in the skin is suppressed is *Propionibacterium acnes*, and the skin condition caused by the said bacterial abnormal growth is acne.

[Claim 7]
The composition according to claim 2 or 3, wherein the bacterium of which bacterial abnormal growth in the skin is suppressed is *Staphylococcus aureus* and/or *Staphylococcus epidermidis*, and the skin condition caused by the said bacterial abnormal growth is folliculitis
and/or sycosis vulgaris.