27. A ~~method of~~pharmaceutical composition for topically treating a disease in a mammal, wherein the composition is administered topically and comprises ~~comprising administering by a topical mode of administration to a mammal in need thereof~~ a therapeutically effective amount of 3-((3R, 4R)-4-methyl-3-[methyl-(7H-pyrrolo[2, 3-d]pyrimidin-4-yl)-amino]-piperidin-1-yl)-3-oxopropionitrile, having a crystalline form or non-crystalline form, or a pharmaceutically acceptable salt thereof, one or more penetration enhancer; and a pharmaceutically acceptable carrier, wherein the disease is selected from the group consisting of psoriasis and dermatitis and said penetration enhancer is selected from oleyl alcohol, linoleyl alcohol, γ-linolenyl alcohol, linolenyl alcohol, decyl alcohol, lauryl alcohol, myristyl alcohol, cetyl alcohol, stearyl alcohol, capric acid, lauric acid, myristic acid, palmitic acid, stearic acid and arachidic acid, palmitoleic acid, oleic acid, cis-vaccenic acid, linoleic acid, γ-linolenic acid, linolenic acid, and arachidonic acid.

28. The ~~method~~pharmaceutical composition of claim 27, wherein the disease is psoriasis, and the penetration enhancer is oleyl alcohol.