WHAT IS CLAIMED IS:

1. An access method, performed by a terminal, comprising:

determining a first parameter corresponding to at least one candidate access point; wherein the at least one candidate access point comprises a target access point, and an access point is a cell and/or a beam;

determining a target timing advance (TA) for accessing the target access point according to the first parameter; and

accessing the target access point according to the target TA.

2. The method according to claim 1, wherein determining the first parameter corresponding to the at least one candidate access point comprises:

receiving a first message sent by a network device, wherein the first message comprises the first parameter corresponding to the at least one candidate access point.

3. The method according to claim 1 or 2, wherein the first parameter comprises at least one of:

at least one access point identifier of the at least one candidate access point, or

an access point TA parameter corresponding to each access point identifier;

wherein determining the target timing advance (TA) for accessing the target access point according to the first parameter comprises at least one of:

determining a target access point TA parameter corresponding to a target access point identifier according to the first parameter; wherein the target access point identifier is an access point identifier corresponding to the target access point to access; or

determining the target TA according to the target access point TA parameter.

4. The method according to claim 3, wherein the target access point TA parameter comprises at least one of:

at least one candidate TA, or

first condition information corresponding to each candidate TA;

wherein determining the target TA according to the target access point TA parameter comprises:

determining whether the terminal meets a TA validation condition according to the first condition information; and

determining the target TA according to the candidate TA corresponding to the first condition

information when it is determined that the terminal meets the TA validation condition.

5. The method according to claim 4, wherein the first condition information comprises at least one of:

preset signal condition information, configured to instruct the terminal to determine whether the terminal meets the TA validation condition according to a wireless signal strength of the target access point detected;

preset position condition information, configured to instruct the terminal to determine whether the terminal meets the TA validation condition according to position information of the terminal; or

preset time condition information, configured to instruct the terminal to determine whether the terminal meets the TA validation condition according to a time when access is initiated.

6. The method according to claim 5, further comprising at least one of:

in a case where the first condition information comprises the preset signal condition information, the TA validation condition comprises that the wireless signal strength is within a target signal strength range, and the target signal strength range is determined according to the preset signal condition information;

in a case where the first condition information comprises the preset position condition information, the preset position condition information comprises a preset position parameter and a second distance parameter; and the TA validation condition comprises that a second distance between the terminal and a preset position is less than or equal to a second distance threshold, the preset position is a geographical position determined according to the preset position parameter, and the second distance threshold is determined according to the second distance parameter; or

in a case where the first condition information comprises the preset time condition information, the preset time condition information comprises a preset time parameter; the TA validation condition comprises that a current time of the terminal is within a first time range; and the first time range is determined according to the preset time parameter.

7. The method according to claim 6, wherein the preset time parameter comprises a first absolute time and a first duration; and the first time range is determined according to the first absolute time and the first duration; or

the preset time parameter comprises a second duration; and the first time range is determined in such a manner that the second duration from when the terminal meets a first preset condition is taken as the first time range;

wherein the first preset condition comprises one or more of:

receiving the first message sent by the network device;

the current time of the terminal being equal to a second absolute time; the second absolute time being a time received by the terminal from the network device;

determining according to the preset signal condition information that the terminal meets the TA validation condition; or

determining according to the preset position condition information that the terminal meets the TA validation condition.

8. The method according to any one of claims 1 to 7, further comprising:

determining an uplink channel resource parameter; and

performing uplink transmission according to the uplink channel resource parameter in a case where the target TA for accessing the target access point is determined according to the first parameter,

optionally, determining the uplink channel resource parameter comprises:

receiving a second message sent by the network device, wherein the second message comprises the uplink channel resource parameter, and/or

optionally, performing the uplink transmission according to the uplink channel resource parameter comprises:

sending an uplink radio resource control (RRC) message according to the uplink channel resource parameter; and/or

sending uplink data according to the uplink channel resource parameter.

9. An access method, performed by a network device, comprising:

determining a first parameter corresponding to at least one candidate access point; wherein the at least one candidate access point comprises a target access point, and an access point comprises a cell and/or a beam; and

sending a first message to a terminal according to the first parameter; wherein the first message comprises the first parameter; the first parameter is configured to instruct the terminal to determine a target timing advance (TA) for accessing the target access point in a case where the terminal is to access the target access point, and access the target access point according to the target TA.

10. The method according to claim 9, wherein determining the first parameter corresponding to the at least one candidate access point comprises:

determining at least one access point identifier of the at least one candidate access point;

determining an access point TA parameter corresponding to each access point identifier; and

acquiring the first parameter according to the access point identifier and the access point TA parameter.

11. The method according to claim 10, wherein determining the access point TA parameter corresponding to each access point identifier comprises:

acquiring at least one candidate TA corresponding to the access point identifier;

determining first condition information corresponding to each candidate TA; and

determining the access point TA parameter according to the candidate TA and the first condition information.

12. The method according to claim 11, wherein the first condition information comprises at least one of:

preset signal condition information, configured to instruct the terminal to determine whether the terminal meets a TA validation condition according to a wireless signal strength of the target access point detected;

preset position condition information, configured to instruct the terminal to determine whether the terminal meets a TA validation condition according to position information of the terminal; or

preset time condition information, configured to instruct the terminal to determine whether the terminal meets a TA validation condition according to a time when access is initiated.

13. The method according to claim 12, further comprising at least one of:

in a case where the first condition information comprises the preset signal condition information, the TA validation condition comprises that the wireless signal strength of the target access point detected by the terminal is within a target signal strength range, and the target signal strength range is determined according to the preset signal condition information;

in a case where the first condition information comprises the preset position condition information, the preset position condition information comprises a preset position parameter and a second distance parameter; and the TA validation condition comprises that a second distance between the terminal and a preset position is less than or equal to a second distance threshold, the preset position is a geographical position determined according to the preset position parameter, and the second distance threshold is determined according to the second distance parameter; or

in a case where the first condition information comprises the preset time condition

information, the preset time condition information comprises a preset time parameter; the TA validation condition comprises that a current time of the terminal is within a first time range; and the first time range is determined according to the preset time parameter.

14. The method according to any one of claims 10 to 13, wherein the access point TA parameter comprises an access point TA length or an access point timing advance group (TAG) identifier.

15. The method according to any one of claims 9 to 14, further comprising:

determining an uplink channel resource parameter; and

sending a second message to the terminal according to the uplink channel resource parameter, wherein the second message comprises the uplink channel resource parameter; the uplink channel resource parameter is configured to instruct the terminal to perform uplink transmission according to the uplink channel resource parameter after the target TA for accessing the target access point is determined according to the first parameter.

16. An access apparatus, applied to a terminal, comprising:

a first determining module, configured to determine a first parameter corresponding to at least one candidate access point; wherein the at least one candidate access point comprises a target access point, and an access point is a cell and/or a beam;

a second determining module, configured to determine a target timing advance (TA) for accessing the target access point according to the first parameter; and

an accessing module, configured to access the target access point according to the target TA.

17. An access apparatus, applied to a network device, comprising:

a third determining module, configured to determine a first parameter corresponding to at least one candidate access point; wherein the at least one candidate access point comprises a target access point; and

a first sending module, configured to send a first message to a terminal according to the first parameter; wherein the first message comprises the first parameter; the first parameter is configured to instruct the terminal to determine a target timing advance (TA) for accessing the target access point in a case where the terminal is to access the target access point, and access the target access point according to the target TA; wherein an access point is a cell and/or a beam.

18. An access apparatus, comprising:

a processor; and

a memory, for storing instructions executable by the processor,

wherein the processor is configured to perform the steps of the method according to any one of claims 1 to 15.

19. A computer-readable storage medium, having stored therein instructions that, when executed by a processor, cause the processor to perform the method according to any one of claims 1 to 15.

20. A chip, comprising a processor and an interface; wherein the processor is configured to read instructions to perform the steps of the method according to any one of claims 1 to 15.