CLAIMS

1. An office pod enclosing a soundproof workspace inside of the pod, comprising:

a front load-bearing frame comprising a door, the front load-bearing frame constituting an outermost encircling element of the front wall;

a rear load-bearing frame constituting an outermost encircling element of the rear wall; and

a skin layer at both left-hand side and a right-hand side of the pod forming an exterior surface of the pod, said skin layer attached in between the front load-bearing frame and the rear load-bearing frame so as to provide the front and rear load-bearing frames with cross-dimensional rigidity and providing lateral bracing for the front and rear load-bearing frames so maintain the rectangular shape of the pod, the skin layer comprising sound stopping material followed by a sound absorbing material layer; and

wherein the pod further comprises a ceiling structure attached to the front load-bearing frame and to the rear load-bearing frame, wherein a chassis with cross-dimensional support is formed of said skin layers and said load-bearing frames.

2. The office pod of claim 1, wherein the skin layer is in between the load-bearing frames in the form of a planar, uniform surface, or in the event the skin layer is formed of sub-pieces, the sub-pieces are generally in the form of a planar, uniform surface.

3. The office pod of claim 1 or 2, wherein the skin layer is the only sound stopping layer in a sidewall structure.

4. The office pod of claim 1 or 2 or 3, comprising a sound absorbing element formed of said sound absorbing material layer and an air layer.

5. The office pod of any of claims 1-4, further comprising an inner liner layer having

a higher flow resistivity than the sound absorbing material layer.

6. The office pod of any of claims 3-5, wherein a total mass of the sidewall structure is at most half, or preferably one third, of a total mass of any of a front wall comprising the front load-bearing frame and a rear wall comprising the rear load-bearing frame.

7. The office pod of any preceding claim, comprising the skin layer being less stiff than any of the load-bearing frames.

8. The office pod of any preceding claim, wherein the skin layer is directly attached to the front and rear load-bearing frames.

9. The office pod of any preceding claim 1-8, wherein the skin layer is also indirectly attached to the front and rear load-bearing frames.

10. The office pod of claim 9, comprising a connector connecting the front load-bearing frame and the rear load-bearing frame, and the skin layer being attached to the connector.

11. A method of assembling the office pod of any preceding claim, comprising:

- assembling a chassis of the office pod by first providing front and rear load-bearing frames being opposed to each other, followed by connecting the front and rear load-bearing frames by directly attaching right-hand side and left-hand side skin layers to from exterior surfaces of the office pod and to form a cross-dimensionally rigid chassis; and thereafter

- attaching further parts of the office pod to said chassis for forming a finished office pod.