CF CLIFIT.AI

Title: Clifit.AI –AI-assisted Integrated Health Management System and Method

Abstract

This disclosure relates to a system and method for remote monitoring several health parameters. The five broad aspects monitored by the current invention are vital signs based-physical health, fitness parameters-based physical health, cognitive health, behavioural health and psychological health. The disclosure also includes a method to predict influence of activity or sleep or their combinations on personalized sleep and activity patterns and on indications including but not limited to blood pressure, blood glucose and obesity.

Suitable figure for publication: Figure 1