CLAIMS

[Claim 1]

A cosmetic mask gel sheet containing at least water and a synthetic polymer forming a network structure by reacting with a cross-linking agent,

wherein the synthetic polymer is a polymer of a polymerizable unsaturated monomer which is acrylic acid or methacrylic acid, or salts thereof, and

wherein the content of water in the gel sheet is 30% by weight to 90% by weight, and

wherein the gel sheet includes 10 to 100 air bubbles having a diameter of 0.1 mm to 1.0 mm in an area of 1 cm^2 in a plan view thereof while not including air bubbles having a diameter of 3.0 mm or more, and

wherein the average surface roughness Sa of arbitrary five regions having a size of 2 mm × 2 mm in an area of 1 cm^2 in a plan view of the gel sheet is 15 μm to 100 μm.

[Claim 2]

The gel sheet according to claim 1, which includes 10 to 50 air bubbles having a diameter of 0.1 mm to 1.0 mm.

[Claim 3]

The gel sheet according to claim 1 or 2, wherein the ratio of the number of air bubbles having a diameter of 0.1 mm to less than 0.5 mm and the number of air bubbles having a diameter of 0.5 to 1.0 mm is 1:2 to 15:1.

[Claim 4]

The gel sheet according to any one of claims 1 to 3, which contains at least 1% by weight to 5% by weight of sodium polyacrylate as a synthetic polymer and 30% by weight to 90% by weight of water.

[Claim 5] The gel sheet according to any one of claims 1 to 4, wherein an intermediate base material comprising woven fabric or unwoven fabric is embedded along a plane direction of the gel sheet.

[Claim 6]

The gel sheet according to claim 5, wherein the intermediate base material has a weight per unit area of 10 g/m^2 to 40 g/m^2.

[Claim 7]

The gel sheet according to any one of claims 1 to 6, which further contains a non-ionic water-soluble polymer or an electrolyte as an exudation promoter.

[Claim 8]

The gel sheet according to claim 7, wherein the non-ionic water-soluble polymer is polyethylene glycol.