CLAIMS

1. A composition comprising an amino acid or a salt thereof and a cyclic dipeptide or a salt thereof, wherein

the amino acid is one or two or more members selected from the group consisting of glycine, alanine, valine, leucine, isoleucine, serine, threonine, aspartic acid, glutamic acid, asparagine, glutamine, arginine, lysine, cysteine, methionine, phenylalanine, tyrosine, tryptophan, histidine, proline, and hydroxyproline,

the cyclic dipeptide is one or two or more members selected from the group consisting of cyclo-glutamyl-histidine [Cyclo(Glu-His)], cyclo-arginyl-tyrosine [Cyclo(Arg-Tyr)], and cyclo-isoleucyl-serine [Cyclo(Ile-Ser)], and

the ratio of the total amount of the amino acid or salt thereof to the total amount of the cyclic dipeptide or salt thereof is 1:0.02 to 1:20.

2. The composition according to claim 1, wherein

the amino acid is leucine, and

the ratio of the total amount of the amino acid or salt thereof to the total amount of the cyclic dipeptide or salt thereof is 1:0.02 to 1:1.5.

3. The composition according to claim 1, wherein

the amino acid is threonine, and

the ratio of the total amount of the amino acid or salt thereof to the total amount of the cyclic dipeptide or salt thereof is 1:0.02 to 1:1.5.

4. The composition according to claim 1, wherein

the amino acid is arginine, and

the ratio of the total amount of the amino acid or salt thereof to the total amount of the cyclic dipeptide or salt thereof is 1:0.02 to 1:1.5.

5. The composition according to claim 1, wherein

the amino acid is tyrosine, and

the ratio of the total amount of the amino acid or salt thereof to the total amount of the cyclic dipeptide or salt thereof is 1:0.10 to 1:1.5.

6. The composition according to claim 1, wherein

the amino acid is tryptophan, and

the ratio of the total amount of the amino acid or salt thereof to the total amount of the cyclic dipeptide or salt thereof is 1:0.02 to 1:1.5.

7. The composition according to any one of claims 1 to 6, wherein the total amount of the cyclic dipeptide or salt thereof is 1.0 ppm/Brix to 1.0×10^4 ppm/Brix.

8. The composition according to any one of claims 1 to 6, wherein the total amount of the cyclic dipeptide or salt thereof is 5.0 ppm/Brix to 1.0×10^4 ppm/Brix.

9. The composition according to any one of claims 1 to 8, wherein the amino acid or salt thereof is obtained from a soybean peptide, a tea peptide, or a malt peptide.

10. The composition according to any one of claims 1 to 9, wherein the cyclic dipeptide or salt thereof is obtained from a soybean peptide, a tea peptide, or a malt peptide.

11. The composition according to any one of claims 1 to 10, wherein the composition has an angiotensin-converting enzyme-inhibiting action.

12. The composition according to any one of claims 1 to 11, wherein the composition is for use in suppression of elevation of blood pressure, for lowering of blood pressure, for protection of renal functions, or for prevention or amelioration of stroke or heart disease.

13. A composition comprising an amino acid or a salt thereof and a cyclic dipeptide or a salt thereof for use in inhibiting angiotensin-converting enzyme, wherein

the amino acid is one or two or more members selected from the group consisting of glycine, alanine, valine, leucine, isoleucine, serine, threonine, aspartic

acid, glutamic acid, asparagine, glutamine, arginine, lysine, cysteine, methionine, phenylalanine, tyrosine, tryptophan, histidine, proline, and hydroxyproline,

the cyclic dipeptide is one or two or more members selected from the group consisting of cyclo-glutamyl-histidine [Cyclo(Glu-His)], cyclo-arginyl-tyrosine [Cyclo(Arg-Tyr)], and cyclo-isoleucyl-serine [Cyclo(Ile-Ser)], and

the ratio of the total amount of the amino acid or salt thereof to the total amount of the cyclic dipeptide or salt thereof is 1:0.02 to 1:20.

14. The composition for use according to claim 13, wherein the amino acid includes one or two or more members selected from the group consisting of leucine, threonine, arginine, tyrosine, and tryptophan.