ABSTRACT

There is provided a massage apparatus capable of providing optimum massage effects even with variations in thickness of to-be-treated area such as a lower leg from user to user. The massage apparatus 1 comprises a massage section 7 having a stationary massage member 15 and a movable massage member 16, a rotary shaft 9, 10 disposed so as to pass through the base end of the movable massage member 16, a driving section 11 for rotatably driving the rotary shaft 9, 10, a pair of right-hand and left-hand changer sections 12, 13 for changing a rotational force of the rotary shaft 9, 19 into an action of movement of the movable massage member 16 toward and away from the stationary massage member 15; and a breadth adjustment mechanism 14 capable of positioning movement of the stationary massage member 15 in directions toward and away from the movable massage member 16.