CLAIMS

1. A composition for promoting the production of a brain-derived neurotrophic factor (BDNF), comprising cacao polyphenols, which comprises a daily intake of the cacao polyphenols which is effective in promoting the production of BDNF.

2. The composition according to claim 1, wherein the content of the cacao polyphenols in the composition is 1 to 10 % by mass based on the solid content of the composition.

3. The composition according to claim 1, which is packaged in each effective daily intake.

4. The composition according to claim 1 or 3, wherein the daily intake which is effective in promoting the production of BDNF ranges from 10 mg to 2,000 mg (total amount of polyphenols).

5. The composition according to any one of claims 1 to 4, which allows feeding of the cacao polyphenols for at least 2 weeks.

6. The composition according to any one of claims 1 to 5, which is in the form of a fat-processed composition.

7. Use of a composition comprising cacao polyphenols in the manufacture of a medicament for promoting the production of a brain-derived neurotrophic factor (BDNF) wherein the medicament is to be administered daily for at least 2 weeks.

8. The use of claim 7, wherein the daily dosage ranges from 10 mg to 2,000 mg (total amount of polyphenols).

9. The use of claim 7, wherein the medicament to be administered is in the form of a fat-processed composition.