

ABSTRACT

Embodiments of this application disclose an information transmission method and a communication apparatus, to flexibly use spectrum resources. An embodiment of this application provides an information transmission method, including: receiving first configuration information from a second device, where the first configuration information instructs the second device to configure T uplink carriers for a first device, at least one element in a value set of T is a positive integer greater than L , and L is a maximum quantity of uplink carriers on which the first device can simultaneously perform uplink transmission; determining N uplink carriers from the T uplink carriers, where N is a positive integer less than or equal to L ; and sending information on the N uplink carriers.

FIGURE 3