

HELMET**ABSTRACT OF THE DISCLOSURE**

A helmet which is capable of enabling a wide field-of-view angle by improving a front portion protection member of a helmet which is designed to protect the face of a user. The helmet includes side portion protection members having a plurality of openings and disposed at both sides of a helmet main body, cushion members attached to inner surfaces of the side portion protection members, a front portion protection member disposed in a front portion of the helmet main body for protecting the face of a user, a rear portion protection member disposed in a rear portion of the helmet main body for protecting a rear portion of the head of the user, a fixing member disposed at both sides of the helmet main body and having a latching function for adjusting an angle of the front portion protection member of the helmet main body, and a stopper disposed behind the fixing member for limiting a movement of the front portion protection member.

FIGURE.2