Claims

[Claim 1]

A composition for treating atopic dermatitis, comprising:

exosomes derived from kumis, wherein the exosomes are collected from the kumis by means of ultracentrifugal treatment.

[Claim 2]

The composition according to claim 1,

wherein the exosomes have a function of suppressing production of one or more selected from the group consisting of thymus and activation-regulated chemokine (TARC), thymic stromal lymphopoietin (TSLP), and macrophage-derived chemokine (MDC).