

[Abstract]

The present invention is directed to suppressing a fatty odor in a food composition containing silkworm powder. This food composition contains the following components (A) and (B): (A) silkworm powder; and (B) matcha powder. This method for suppressing a fatty odor of silkworm powder includes containing the following components (A) and (B): (A) silkworm powder; and (B) matcha powder.