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(71) Applicant: ABBOTT LABORATORIES [US/US]; Dept.
377/AP6A-1, 100 Abbott Park Road, Abbott Park, Illinois
60064 (US).

(72) Inventors: DEWILLE, Normanella; 2580 Clairmont
Court, Columbus, Ohio 43220 (US). CABRERA, Ricardo
Rueda; C/Brazal, n° 2, E-18008 Granada (ES). MAR-
RIAGE, Barbara; 254 East Torrence Road, Columbus,
Ohio 43214 (US). SHERRY, Christina; 5371 Steeple-
chase Lane, Westerville, Ohio 43081 (US). WEARLY,
Douglas; 8270 Crete Lane, Blacklick, Ohio 43004 (US).
PEDROSA, Jose Maria Lopez; C/Luciano n° 14, Casa
Cenes de la Vega, E-18190 Granada (ES). BLUMBERG,
Rachel; 5332 A Drumcally Lane, Dublin, Ohio 43017
(US). MAZER, Terrence; 7032 Cunningham Drive, New
Albany, Ohio 43054 (US).

(74) Agents: ENGLE, Mark R. et al.; Abbott Nutrition a Divi-
sion of Abbott Laboratories, 3300 Stelzer Road, Dept
108140 RP3-2, Columbus, Ohio 43219 (US).

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(54) Title: NUTRITIONAL COMPOSITION FOR PREGNANT WOMEN WITH A BENEFICIAL GLUCOSE AND INSULIN
PROFILE

(57) Abstract: The present disclosure is directed to a nutritional powder, a translucent reconstitutable beverage formed therefrom,
and methods relating thereto. The nutritional powder and beverage are adapted to include the proper balance of proteins, lipids, car-
bohydrates, vitamins and minerals appropriate for a pregnant woman. The nutritional compositions further stem the glycemic re-
sponse and improve glycemia and insulinemia during gestational and lactating periods for preventing or reduce the incidence of
glucose intolerance later in life.

