**ABSTRACT**

# COMMUNICATION METHOD AND APPARATUS

Embodiments of this application provide a communication method and apparatus, and relate to the field of communications technologies, to resolve a technical problem that a transmitted AP does not carry a parameter element of an AP if the AP has performed a channel switch before the transmitted AP sends a management frame, and therefore a STA associated with the AP cannot learn that the AP has performed the channel switch. The method includes: A first AP generates a management frame, where the management frame includes a capability information field, the capability information field includes first indication information, the first indication information indicates whether another AP in a first AP multi-link device has performed a channel switch, and the first AP multi-link device includes the first AP; and the first AP sends the management frame to a first station STA.

Figure 8