

ABSTRACT

WIRELESS COMMUNICATION METHOD AND DEVICE

Embodiments of the present invention disclose a wireless communication method and a device. The method includes: receiving a configuration update command message, where the configuration update command message is used to instruct a terminal device to release a non-access stratum NAS signaling connection with a network device and initiate a mobile registration update procedure; and if a mobility management back-off timer is running at a reception occasion of the configuration update command message, stopping the mobility management back-off timer.

Figure 1